

# BONES

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**Count:** 32                      **Wall:** 2                      **Level:** beginner

**Choreographer:** William Sevone

**Music:** Bad To The Bone by George Thorogood

## **2X KNEE BEND-HIP BUMP, KNEE BEND, KICK (12:00)**

- 1-2            Bend knees slightly forward, straightening up - bump hips to the right
- 3-4            Bend knees slightly forward, straightening up - bump hips to the left
- 5-6            Bend knees slightly forward, straightening up - kick right foot slightly to the right
- 7              Step right foot next to left bending knees slightly forward
- 8              Straightening up - kick left foot slightly to the left

## **KNEE BEND, KICK, 2X KICK BACK STEP, STEP FORWARD, PIVOT ½ RIGHT (6:00)**

**9-10(Large step) cross step left foot behind right, step onto right foot**

**There will be a natural bend to the knees during the above two counts**

- 11&12        Kick left foot forward, step left foot backward, step onto right foot
- 13&14        Kick left foot forward, step left foot backward, step onto right foot
- 15-16        Step forward onto left foot, pivot ½ right (weight on right)

## **STEP FORWARD, PIVOT ½ RIGHT, SIDE STEP, HIP BUMPS LEFT, HIP BUMPS RIGHT, TOGETHER (12:00)**

- 17-18        Step forward onto left foot, pivot ½ right (weight on right)
- 19            Step left foot slightly to left side
- 20-21        While transferring weight fully to left foot - bump hips twice to the left
- 22-23        While transferring weight fully to right foot - bump hips twice to the right

**On counts 20-23, the rise and fall technique to be used**

- 24            Step left foot next to right

## **2X STEP FORWARD-PIVOT ¼ LEFT-TOGETHER-CLAP OR SNAP (6:00)**

- 25-26        Step right foot forward, pivot ¼ left (weight on left)
- 27-28        Step right foot next to left (no weight), clap hands or hip level finger snap

**29-30** Step right foot forward, pivot  $\frac{1}{4}$  left (weight on left)

**31-32** Step right foot next to left, clap hands or hip level finger snap

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=62154](https://www.linedance.com/index.php?f=dance_view&id=62154)