

Man Alive

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Pat Stott , Hayley Wheatley , David Morgan, Suzi Beau - April 2017

Music: Last Man Alive - Shaking Stevens

LDF Lydiate April 2017 - Dedicated to host Paul O'Connor

SECTION 1: TOE STRUT, CROSS STRUT, ROCKING CHAIR, TOE STRUT, CROSS STRUT, SIDE ROCK CROSS

- 1&2&** Step onto ball of R to R side, Drop heel, Cross L over R Stepping on ball of L, drop heel
- 3&4&** Rock fwd on R, recover on L, Rock back on R, recover on L facing 1:30
- 5&6&** Step onto ball of R to R side, Drop heel, Cross L over R Stepping on ball of L, drop heel
- 7&8** Rock R to R side, Recover on L, Cross R over L Straighten up to 12:00

SECTION 2: CHASSE LEFT, 1/2 TURN RIGHT HITCH, CHASSE RIGHT, CROSS BACK HIP BUMP X3

- 1&2** Step L to L side, Close R to L, Step L to L side
- &3&4** Turn 1/2 R on ball of L, Hitching R knee, Step R to R side, Close L to R, Step R to R side
- 5,6** Cross L over R, Step back on R
- 7&8** Step L to L side bumping hips L, Bump hips R, Bump hips L

SECTION 3: KICK RIGHT, STEP , KICK LEFT, STEP, KICK RIGHT, POINT RIGHT, KICK RIGHT , CROSS BACK, RIGHT CHASSE

- 1&2&** Low kick R pointing toe forward rising up on ball of L, Step forward on R, Low kick L pointing toe forward rising up on ball of R, Step forward on L,
- 3&4** Low kick R across left , Point R back to R diagonal, Low kick R across L,
- 5,6** Cross R over L, Step back on L,
- 7&8** Step R to R side, Close L to R, Step R to R Side (Optional styling to move alternate shoulders up down up as you chasse)

SECTION 4: CROSS, 1/2 HINGE TURN, POINT RIGHT, 1/4 RIGHT, POINT LEFT, CROSS SHUFFLE

- 1,2** Cross L over R, Turn 1/4 L Stepping back on R
- 3,4** Turn 1/4 L Stepping L to L Side, Point R to R side

5,6 Turn 1/4 R Stepping fwd R, Point L to L side

7&8 Cross L over R, Step R to R side, Cross L over R

TAG AT THE END OF WALL 1 & 3

Tag will turn a full circle anti-clockwise, Right Heel Strut, Left Heel Strut, Right Lock Step, Left Heel Strut, Right Heel Strut, Left Lock Step (Clap hands as you drop toe down)

1&2& Step R heel fwd, Drop toe down making 1/8 turn L (Clap), Step L heel forward, Drop toe down making 1/8 turn L (Clap)

3&4 Step R fwd, Lock L behind R, Step R fwd, making 1/4 turn L

5&6& Step L heel forward, Drop toe down,(Clap) making 1/8 turn L, Step R heel fwd, Drop toe down making 1/8 turn L (Clap)

7&8 Step L fwd, Lock R behind L, Step fwd L making 1/4 turn L

Last Update - 9th May 2017