

Night Train

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Count: 64

Wall: 4

Level: Improver / Intermediate

Choreographer: John Sandham (Spain) March 2016

Music: Lay Down Sally (Asleep the Wheel)

Faster music: You Belong To Me (Bryan Adams)

Sec 1: Lt side-forward-H-Rt side-Back-H.

1-2step left foot to side. Slide right foot beside left.

3-4step forward on left foot. Hold.

5-6step right foot to right side. Slide left beside right.

7-8step back on right foot. Hold.

Sec 2: ¼ Lt side-forward-H-Rt side-back-H.

1-2¼ turn left stepping left to side. Slide right foot beside left.

3-4step forward on left foot. Hold.

5-6step right foot to right side. Slide left foot beside right.

7-8step back on right foot. Hold.

Sec 3: Lt side-Tog-side-H-Behind-side-cross-turn.

1-2step left foot to side. Slide right beside left.

3-4step left foot to the side. Hold

5-6cross right foot behind left. Step left foot to side.

7-8cross right foot over left. Make a ¼ turn right (keeping It in the air)

Sec 4: Lt step-slide-step-H- Rt step-slide-step-H.

1-4step forward on left. slide right behind left. step forward on left. Hold

5-8 Repeat on Right foot

Sec 5: Rock-Rec-turn-H- turn-turn-turn-H

1-2rock forward on left foot. Recover back on right.

3-4make a ½ turn to left stepping forward on left. Hold.

5-8make a ½ turn to left stepping on right. left. right. Hold.

Sec 6: Behind-side-cross-H- slide -2-3-H.

1-2cross Left foot behind right. step right foot to side.

3-4cross left foot over right. Hold.

5-8big step to Right side on right foot. Slide Left beside right. Hold.

Sec 7: Slow turn Left. ¼-1/2-1/2-Touch & H

1-2on the SLOW steps make ¼ to left stepping forward on left foot.

3-4make a ½ turn to Left stepping back on right foot.

5-6make a ½ turn to left. Stepping forward on left foot.

7-8touch right foot next to left. Hold.

Sec 8: Slide back -2 -3-H- Hips-2-3-4.

1-4long step back on right to right Diagonal. Slide left back to right. Hold,

5-8stepping left to side push hips left-right-left-right.

Start over !

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