

A Little Love Social Cha

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Lisa McCammon , Sept 2015

Music: Put A Little Love In Your Heart by Dolly Parton*, 102 BPM

#8 count intro

Alternate music: Wasted Days And Wasted Nights by Scooter Lee, 108 BPM (evenly phrased)

Clockwise rotation; start weight on left

CHOREOGRAPHER'S NOTE: This is a teaching dance with consistent rhythm in each set to introduce triple step weight changes and combinations to students above the AB level.

There are 8 pages of 32 count beginner level social cha-chas on Kickit, so it's likely that this combination has been written already.

[1-8] SIDE ROCK, RECOVER, TRIPLE IN PLACE, SIDE ROCK, RECOVER, TRIPLE IN PLACE

- 1-2** Rock R side right, recover weight to L
- 3&4** Step in place RLR
- 5-6** Rock L side left, recover weight to R
- 7&8** Step in place LRL

[9-16] FORWARD ROCK, RECOVER, TRIPLE IN PLACE, FORWARD ROCK, RECOVER TRIPLE IN PLACE

- 1-2** Rock R forward, recover weight to L
- 3&4** Step in place RLR
- 5-6** Rock L FORWARD, recover weight to R
- 7&8** Step in place LRL

[17-24] ROCK FORWARD, RECOVER, TRIPLE BACK, ROCK BACK, RECOVER, TRIPLE FORWARD

- 1-2** Rock R forward, recover weight to L
- 3&4** Step back R, close L, step back R

- 5-6 Rock L back, recover weight to R
7&8 Step forward L, close R, step forward L

[25-32] ROCK FORWARD, RECOVER, COASTER STEP, STEP, TURN RIGHT $\frac{1}{4}$, CROSS-&-CROSS

- 1-2 Rock forward R, recover weight to L
3&4 Step back R, close L, step forward R
5-6 Step forward L, turn right $\frac{1}{4}$ [3]
7&8 Cross step L, step R side right, cross step L

***To stay on phrase, dancers have two options to accommodate the additional 8 beats of the music (it's very easy to hear).**

This will occur after the 4th repetition, facing the front wall.

Option 1, RESTART

Start your 5th repetition at the front wall then RESTART after 8 counts.

Option 2, TAG (This teaches another triple step combination and occurs facing the front so students can see.)

- 1-2 Rock R side right, recover weight to L
3&4 Step R behind, step side L, cross step R
5-6 Rock L side left, recover weight to R
7&8 Step L behind, step side R, cross step L

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