

ONCE IN A LIFETIME

LINEDANCE.COM

Count: 64

Wall: 2

Level: intermediate

Choreographer: Michael Vera-Lobos

Music: Once In a Lifetime by Keith Urban

DIAGONAL, TOUCH BESIDE, BALL STEP DIAGONAL, $\frac{1}{4}$ STEP RIGHT, SAILOR $\frac{1}{4}$ RIGHT, $\frac{1}{4}$ RIGHT, KICK RIGHT

1-2&3-4 Diagonal step right, touch left beside right, stepping left beside right diagonal step forward right to right corner, turning $\frac{1}{4}$ right to 3:00 wall step left to left, kick right to right side (3:00)

5&6-7-8 Turning $\frac{1}{4}$ right sailor right stepping right, left, right (6:00), turning a further $\frac{1}{4}$ right step left to left, kick right to right side (9:00)

& $\frac{1}{4}$ LEFT, $\frac{1}{2}$ LEFT, $\frac{1}{4}$ SIDE SHUFFLE LEFT, CROSS ROCK, REPLACE, BALL CROSS, POINT SIDE

&1-2-3&4& Cross right behind left, turn $\frac{1}{4}$ left on left, turn a further $\frac{1}{2}$ left, turning a further $\frac{1}{4}$ left side shuffle to left stepping left, right, left (9:00)

5-6&7-8 Cross rock right over left, rock back on left & stepping right to right cross left over right, point right toe to right side (9:00)

CROSS TOUCH FORWARD, TOUCH SIDE, BALL CROSS, STEP SIDE, SAILOR LEFT, TOUCH RIGHT BEHIND, $\frac{1}{2}$ UNWIND RIGHT

1-2&3-4 Touch right toe forward across left, touch right toe to right side & stepping right to right cross left over right, step right to right (9:00)

5&6-7-8 Sailor left stepping left, right, left, touch right toe behind left, unwind $\frac{1}{2}$ right ending weight right (3:00)

CRADLE ROCK FORWARD LEFT, ROCK BACK, ROCK BACK, ROCK FORWARD, FULL TURN FORWARD RIGHT, SIDE SHUFFLE

1-2-3-4 Rock forward left, rock back right, rock back left, rock forward right (3:00)

5-6-7&8 Travel forward - turn a full turn forward right stepping onto left then right (3:00), side shuffle left stepping left, right, left (3:00)

ROCK BEHIND, REPLACE, STEP SIDE, CROSS BEHIND, $\frac{1}{4}$ RIGHT, $\frac{1}{2}$ RIGHT, $\frac{1}{4}$ SIDE SHUFFLE RIGHT

- 1-2-3-4** Rock right behind left, rock forward on left, step right to right, cross left behind right (3:00)
- 5-6-7&8** Travel right - turn $\frac{1}{4}$ right on right, turn a further $\frac{1}{2}$ right stepping left, turning $\frac{1}{4}$ right side shuffle right, left, right (3:00)

ROCK BEHIND, REPLACE, STEP SIDE, CROSS BEHIND, $\frac{1}{4}$ LEFT, $\frac{1}{2}$ LEFT, $\frac{1}{4}$ SIDE SHUFFLE LEFT

- 1-2-3-4** Rock left behind right, rock forward on right, step left to left, cross right behind left (3:00)
- 5-6-7&8** Travel left - turn $\frac{1}{4}$ left on left, turn a further $\frac{1}{2}$ left stepping right, turning $\frac{1}{4}$ left side shuffle left, right, left (3:00)

CROSS ROCK, REPLACE, BALL CROSS, $\frac{1}{4}$ LEFT, COASTER BACK, STEP FORWARD, $\frac{1}{2}$ PIVOT LEFT

- 1-2&3-4** Cross rock right over left, rock back on left & stepping right to right cross left over right, turning $\frac{1}{4}$ right step back on right (12:00)
- 5&6-7-8** Coaster back left stepping back left & step right beside left, step forward left, step forward right, pivot $\frac{1}{2}$ left (end weight left facing 6:00)

ROCK FORWARD, REPLACE, RIGHT COASTER $\frac{1}{4}$ RIGHT CROSS, STEP SIDE, CROSS BEHIND, 1 $\frac{1}{4}$ TRIPLE LEFT

- 1-2-3&4** Rock forward right, rock back left, step back on right & turning $\frac{1}{4}$ right step left beside right, cross right over left (9:00)
- 5-6-7&8** Step left to left, cross behind left, turning 1 $\frac{1}{4}$ left triple left, right, left (6:00)

REPEAT

RESTART

On wall 2 dance to count 30. Replace count 31-32 with a side shuffle $\frac{1}{4}$ left (6:00) then start again facing back wall

TAG

After wall 3 & 5 (both occur facing front wall)

- 1-2-3&4** Rock forward right, rock back on left, coaster back right stepping right, left, right
- 5-6-7&8** Step forward left, pivot $\frac{1}{4}$ right, cross shuffle left over right stepping left, right, left (9:00)
- 1-2&3-4** Side rock right, replace weight left & stepping right beside left rock left to left, replace weight on right (9:00)

5&6-7-8 Sailor left, cross right behind left, turn $\frac{1}{4}$ left on left to face front wall (12:00)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=33316