

# HARD WORKIN' MAN

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**Count:** 64

**Wall:** 4

**Level:** Intermediate level

**Choreographer:** Sobrielo Philip Gene (Soul Dancers Singapore/International In line) Aug 07

**Music:** Hard Workin' Man by Brooks & Dunn (Album: Hard Workin Man)

## KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK RECOVER

- 1&2** Kick right forward (1), step right to right (&), cross left over right (2)
- 3&4** Kick right forward (3), step right to right (&), cross left over right (4)
- 5&6** Step right to right (5), step left beside right (&), step right to right (6)
- 7-8** Rock left behind right (7), recover weight onto right (8)

## KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK RECOVER

- 1&2** Kick left forward (1), step left to left (&), cross right over left (2)
- 3&4** Kick left forward (3), step left to left (&), cross right over left (4)
- 5&6** Step left to left (5), step right beside left (&), step left to left (6)
- 7-8** Rock right behind left (7), recover weight onto left (8)

## MONTEREY ¼ TURN, POINT STEP ?2

- 1-2** Point right to right (1), making ¼ turn right step right forward (2)

### **3-4 point left to left (3), step left beside right (4)**

- 5-8** Repeat steps 1-4

## STEP, HEEL BOUNCE RIGHT, STEP HEEL BOUNCE LEFT

- 1-4** Step right forward (1), bounce right heel 3 times (2-4)
- 5-8** Step left forward (5), bounce left heel 3 times (5-8)

## PIVOT ½ TURN, FORWARD SHUFFLE, PIVOT ½ TURN, FORWARD SHUFFLE

- 1-2** Step forward right (1) pivot ½ turn left (2) (weight on left)
- 3&4** Step right forward (3), step left beside right (&), step right forward (4)
- 5-6** Step forward left (5) pivot ½ turn right (6) (weight on right)
- 7&8** Step left forward (7), step right beside left (&), step left forward (8)

## ¼ LEFT POINT, HOLD, HEEL BOUNCE

**1-4** Making ¼ turn left point right to right (1), hold for 3 counts (2-4) (optional hand movement: spread hands to respective side at hip levels with palms facing down)

**5-8 Bounce right heel 4 times (5-8)(weight on left) (Re-starts: On wall 2 and 5 do dance until step 48 counts and start again)**

**SIDE SHUFFLE ROCK RECOVER, SIDE SHUFFLE ROCK RECOVER**

**1&2** Step right to right (1), step left beside right (&), step right to right (2)

**3-4** Rock left behind right (3), recover weight onto right (4)

**5&6** Step left to left (5), step right beside left (&), step left to left (6)

**7-8** Rock right behind left (7), recover weight onto left (8)

**STEP, HEEL SWIVELS TO RIGHT, SWIVELS BACK TOWARDS LEFT**

**1** Step left beside right (1)

**2-4 swivel right heel out (2) swivel right toe out (3), swivel right heel out (4)**

**5-6** Swivel right heel in (5) swivel right toe in (6),

**7-8 Swivel right heel in (7), swivel right toe in beside left (8) Repeat Dance with soul!**

**">EMail**