

# Sentimental (□□□□ )

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**Count:** 48      **Wall:** 2      **Level:** Intermediate/Advanced

**Choreographer:** Rachael McEnaney , UK (Oct 09)

**Music:** Sentimental by Gareth Gates (CD: What My Heart Wants To Say [104bpm])

□□□ **Count In: 32**

counts from start of track. Begin on vocals. 32□□□□□□

□□□

**Walk Back LR, L Ball**

**Change, Step Fwd L, Diagonal Ball Cross, ½ Turning R Triple Step, Step Fwd L**

□□ -□ , □ , □ □ , □ , □□□□ , □□□ 1/2, □□

**1**

**Step back on left (1),[12.00] □□□□ (□□ 12□□ )**

**2&3**

**step back on right (2) , Rock back on ball of left foot**

**(&), step right foot in place (3)[12.00]**

□□□□ , □□□□ , □□□ (□□ 12□□ )

**4&5**

**step forward on left (4),**

**Angle body to left diagonal at 10.30 - Rock back on ball of right foot**

**(&), step left foot in place (5), [10.30]**

□□□□ , (□□□□□□ 10:30)□□□□ , □□□ (□□ 10:30)

**6&7 8**

**Straighten body to 12.00 - Step forward on right (6),**



□□□□□□□□ , □□□□ , □□□□ (□□ 3□□ )

6-8

Cross right over left (6), make ¼ turn right stepping

back on left (7), make ¼ turn right stepping right to right side (8) -

**however end with body angled towards 10.30 (so essentially 3/8 turn) [10.30]**

□□□□□□□□ , □□ 90□□□□ , □□ 135□□□□ (□□ 10:30)

□□□

L Mambo With Drag/Sweep,

Ball Step With ¼ Turn, R Mambo, L Ball Change, Step Fwd L □□□□ , □□□□ 1/4, □□ , □□ , □□

1&2

Rock forward on left (1), recover weight onto right

**(&), take big step back on left (2) [10.30]**

□□□□ , □□□□ , □□□□□□ (□□ 10:30)

3&4

Drag right towards left / or sweep right foot round

clockwise to behind left (3), step ball of right behind left (&), step

**left to left side (4) body no angled towards 7.30 [7.30]**

□□□□ (□□□□□□□□ ) , □□□□□□□□ , □□ 90□□□□□□ (□□ 7:30)

5&6

Rock forward on right (5), recover weight onto left

**(&), step right next to left (6) [7.30] □□□□□□ , □□□□□□ , □□□□□□ (□□ 7:30)**

&78

Rock back on ball of left (&), recover weight onto

right (7), step forward on left (8) (body still angled to 7.30) [7.30]

□□□□ , □□□□ , □□□□ (□□□□ 7:30)

□□□

Hip Bumps Back Forward, R

Coaster Step, Skate X2,  $\frac{3}{4}$

Left Triple Step □□□□ , □□□□ , □□□□ , □□□□ 3/4

1-2

Push weight back onto right foot bumping hips back (1),

push weight forward onto left foot bumping hips forward (2) [7.30]

□□□□□□□□ , □□□□□□□□ (□□□□ 7:30)

3&4

Push off left foot and step back on right (3), step

left next to right (&), step forward on right (4) [7.30]

□□□□ , □□□□ , □□□□ (□□□□ 7:30)

5-6

Skate left foot towards 4.30 (5), skate right foot

towards 7.30 (6) (these steps are done in place) [7.30]

□□ 4:30□□□□□□ , □□ 7:30□□□□□□ (□□□□ 7:30)

7&8

Make  $\frac{1}{4}$  turn stepping forward on left (7), make  $\frac{1}{4}$  turn

stepping right next to left (&), make  $\frac{1}{4}$  turn stepping forward on left (8)

**(this is a turning triple step you will end facing 10.30) [10.30]**

□ 90□□□□ , □ 90□□□□ , □ 90□□□□ (□□□ 270□□ 10:30)

□□

**Toe Taps Travelling Back, Ball Changes Back**

**Forward Back, R Kick Ball Change** □□□□ , □□□□ , □□

**1&2&3&**

**Touch right toe forward (1), step back on right**

**(&), touch left toe forward (2), step back on left (&), touch right**

**toe forward (3) Rock back on ball of right (&)**

□□□□ , □□□□ , □□□□ , □□□□ , □□□□ , □□□□

**STYLING:**

**When you touch toes forward make it look like a press**

**(so knee is bent - no weight on bent knee) [10.30]**

□□□□ , □□□□□□□□□□□□□□ , □□□□□□□□

**4**

**step in place with left (4)** □□

**&5&6**

**rock forward on ball of right (&), step in place**

**with left (5), Rock back on ball of right (&), step in place with left**

**(6) [10.30]**

□□□□ , □□□□ , □□□□ , □□□□ (□□ 10:30)

**7&8**

**Raise up on left toe as you kick right foot forward**

**(7), step in place with ball of right (&), step in place with left (8) [10.30]**

□□□□ , □□□□ , □□□□ (□□ 10:30)

□□□

**R Shuffle, Turn, L Shuffle, ¼ Turn L**

**Stepping Back, ¼ Turn L Stepping To Side, Step Fwd R, L Mambo**

□□□□ , □□ , □□□□ , □□ 1/4□□ , □□ 1/4□□ , □□□□ , □□□□

**1&2**

**Step forward on right (1), step left next to right**

**(&), step forward on right (2) [10.30] □□□□ , □□□□ , □□□□ (10:30)**

**&3&4**

**Swivel ¼ turn right to face 1.30 on ball of right**

**(&), step forward on left (3), step right next to left (&), step**

**forward on left (4) [1.30]**

□□□□ 90□□□□ 1:30, □□□□ , □□□□ , □□□□ (1:30)

**5-6**

**Make 3/8 turn left stepping back on right (end facing**

**9.00), make ¼ turn left stepping left to left side (6) [6.00]**

□□ 135□□□□□□ (□□ 9□□□ ) , □□ 90□□□□□□ (□□ 6□□□ )

**78&**

**Step forward on right (7), rock forward on left (8),**

**recover weight onto right (&) (ready to start again stepping back on**

**left) [6.00]**

□□□□ , □□□□ , □□□□ (□□□□ **1**□□□□ ) (□□□□ **6**□□□ )

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=10865](https://www.linedance.com/index.php?f=dance_view&id=10865)