

T & W's Steps

LINEDANCE.COM

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Tina Chen Sue-Huei (Tw) & Winston Yew (Nuline (Sin)) July 2015

Music: "Step" by KARA (iTunes)

Intro : 16 Counts. [00:08] .

For a clearer picture of the hand movements, do watch our video in youtube:

Introduction (1 Wall, 20 Counts)

I§1 OUT-OUT-IN-IN ("V" STEP), FWD, CHUG 1/3 R x 3

1 2 3 4 Step R diag. fwd, step L diag. fwd, step R back, close L beside R

5 6 7 8 Step R fwd, [1/3 R point L to L] x 3 [12:00]

I§2 OUT-OUT-IN-IN ("V" STEP), FWD, CHUG 1/3 L x 3

1 2 3 4 Step L diag. fwd, step R diag. fwd, step L back, close R beside L

5 6 7 8 Step L fwd, [1/3 L point R to R] x 3 [12:00]

I§3 CHEST PUMPS x 4

1 2 3 4 Make a cool pose!! & pump your chest fwd and back x 4

§1: HEEL GRIND ¼ R, COASTER STEP, HEEL GRIND ¼ L, COASTER STEP

1 2 3&4 Grind R heel fwd a ¼ R, step L back, step R back, step L beside R, step R fwd [3:00]

5 6 7&8 Grind L heel fwd a ¼ L, step R back, step L back, step R beside L, step L fwd [12:00]

§2 WALK x 2, FWD SHUFFLE, FWD, ½ L BACK, COASTER STEP

1 2 3&4 Walk fwd on R-L, step R fwd, step L beside R, step R fwd

5 6 7&8 Step L fwd, ½ L step R back, step L back, step R beside L, step L fwd [6:00]

§3: HOP FWD, CLOSE TOUCH x 4, HIP BUMP FWD AND BACK, HIP ROLL C/W

&1&2&3&4 [Hop R diag. fwd, touch L beside R, hop L diag. fwd, touch R beside L] x 2

5 6 7 8 Step R fwd and bump hips fwd, bump hips back, roll hips clockwise once over 2 counts.

§4: FWD ROCK, RECOVER, COASTER STEP, JAZZ BOX ¼ R

1 2 3&4 Rock L fwd, recover R, step L back, step R beside L, step L fwd

5 6 7 8 Cross R over L, step L back, $\frac{1}{4}$ R step R to R, cross L over R □ 9:00□

Add Tag here on Wall 5 facing 9:00.

This Section is a danced as Nightclub rhythm, hence it's counted at $\frac{1}{2}$ the usual speed.

T§1 SIDE, BACK ROCK, RECOVER, DIAG. L FWD, STEP, PIVOT $\frac{1}{2}$ L, STEP, STEP, PIVOT $\frac{1}{2}$ R, STEP, FWD ROCK, RECOVER, $\frac{1}{4}$ R FWD

1 2&3 Long step R to R, rock L back, recover R, long step L towards L diag. □ 7:30□

4&5 Step R fwd, pivot $\frac{1}{2}$ L, step R fwd □ 1:30□

6&7 Step L fwd, pivot $\frac{1}{2}$ R, step L fwd □ 7:30□

8&1 Rock R fwd, recover L, $\frac{1}{4}$ R long step R fwd □ 10:30□

T§2 FWD, $\frac{1}{4}$ L BACK, BACK, BACK, $\frac{1}{4}$ L FWD, FWD, FULL R TRIPLE FWD, FWD ROCK, RECOVER, $\frac{3}{8}$ R

2&3 Step L fwd, $\frac{1}{4}$ L step R back, step L back □ 7:30□

4&5 Step R back, $\frac{1}{4}$ L step L fwd, step R fwd□ 4:30□

6&7 $\frac{1}{2}$ R step L back, $\frac{1}{2}$ R step R fwd, step L fwd□ 4:30□

8& Rock R fwd, recover L and turn $\frac{3}{8}$ R to start again facing 9:00. □ 9:00□

§5: SIDE, BEHIND, SIDE, CROSS, SIDE TOUCH, $\frac{1}{2}$ R MONTEREY, SIDE TOUCH, CLOSE TOUCH

1234 Step R to R, cross L behind R, step R to R, cross L over R

5678 Touch R to R, $\frac{1}{2}$ R close R beside L, touch L to L, touch L beside R □ 3:00□

§6: HIP PUSH, RECOVER, HIP PUSH, RECOVER, HIP PUSH, RECOVER, HIP PUSH WITH VARIOUS HAND MOVEMENTS

1 2 Tap ball of L foot diag. L fwd pushing L hip fwd in a slight cc/w hip roll motion, step L beside R

Hand Movements : (1) Extend R arm diag. R up, (2) drop R arm to side

3 4 Tap ball of R foot diag. R fwd pushing R hip fwd in a slight c/w hip roll motion, step R beside L

Hand Movements : (1) Crossing both hands in front of your face, (2) drop both hands to sides

5 6 Tap ball of L foot diag. L fwd pushing L hip fwd in a slight cc/w hip roll motion, step L beside R

Hand Movements : (1) With both fists in front of chest push both elbows back like doing a stretch (2) drop both hands to sides

7 8 Tap ball of R foot diag. R fwd pushing R hip fwd in a slight c/w hip roll motion, hold

Hand Movements : (1) Spread both hands (with palms facing fwd) to sides at hip level (2) hold

Restart here on Walls 2 & 3 facing 12:00 & 3:00.

§7: HEEL SWITCHES, FWD, ¼ R SIDE TOUCH, CROSS, ¼ L BACK, DESTROZA (SWAY L-R WITH HAND MOVEMENTS)

1&2& Touch R heel fwd, step R beside L, touch L heel fwd, step L beside R

3 4 Step R fwd, ¼ R touch L to L bending R knee □ 6:00□

5 6 Cross L over R, ¼ L step R back □ 3:00□

7 8 Stomp L to L sway hip L and up, recover R sway hip R and up (This move is known as the “Destroza” in Regggaeton.)

Hand Movements: (7) Swing R arm across and behind body as you swing L arm to L, (8) Swing L arm across and behind body as you swing R arm to R

§8: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS, ½ L UNWIND

1 2 3 4 Cross L over R. Step R to R. Cross L behind R. Step R to R

5&6 7 8 Cross rock L over R, recover R, step L to L, Cross R Over L, Unwind ½ L □ 9:00□

REPEAT