

Rolling In The Deep

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Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Maggie Gallagher (Jan 11)

Music: Rolling In The Deep by Adele

□□□ **Intro: 8 counts (6 secs)** 8□ (□ 6□)□□□

□□□

Touch & Heel & Cross &

Heel & Kick & Touch, Bump Forward, Bump Back

1&2

Touch left next

to right, Step back on left, Tap right heel forward on right diagonal □□□□ , □□□□ ,
□□□□□□□□

&3&4

Step right next

to left, Cross left over right, Step back on right, Tap left heel forward on

left diagonal [11:00]

□□□□ , □□□□□□□□ , □□□□ , □□□□□□□□ (11□□)

&5&6

Step left next to

right, Kick right forward, Step right next to left, Touch left in front of

right [11:00]

□□□□ , □□□□ , □□□□ , □□□□ (□□ 11□□)

7-8

Bump forward on

to left knee, Bump back on to right [11:00]

□□□□ , □□□□ (□□ 11□□)

□□□

Coaster Step, Step Hitch Turn, Walk

L, Walk R, Lock Step

1&2

Step back on

left, Step right next to left, Step forward on left [11:00]

□□□□ , □□□□ , □□□□ (□□ 11□□)

3&4

Step forward on

right, Ronde hitch left knee across right, On ball of right spin 5/8 turn

right [6:00]

□□□□ , □□□□□□□□ , □□□□□□□□□□ 45□ (□□ 6□□)

5-6

Walk left, Walk

right □□□□ , □□□□

7&8

Step forward on

left, Lock right behind left, Step forward on left

□□□□ , □□□□□□□□ , □□□□

□□

Step Pivot ½ , Walk, Triple Full

Turn, Stomp R, Forward Mambo Step

1-3

Step forward on

right, ½ pivot left, Walk forward on right [12:00]

□□□ , □□ 180□ , □□□ (□□ 12□□)

4&5

Triple full turn

right stepping left right left travelling forwards (alternative left shuffle)

[12:00]

□□□□ -□ , □ , □ (□□□□ , □□□ -□□□)

6

Stomp forward on

right □□□□

7&8

Step forward on

left, Step right in place, Step slightly back on left

□□□□ , □□□ , □□□□

□□

Point & Point, L Sailor ¼ Turn,

Samba Step X2

3&4

Full triple turn

right stepping right left right (alternative right coaster step) [9:00] □□□□ -□ , □ , □ (□□ :□□)(9□□)

5-6

Rock forward on

left, Recover on right □□□□ , □□□□

7-8

½ turn left

stepping forward on left, ½ turn left stepping back on right [9:00] □□ 180□□□□ , □□ 180□□□□ (□□ 9□□)

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Coaster Step, Walk R, L, Step ½ Turn Step, & Walk

R, L

1&2

Step back on

left, Step right next to left, Step forward on left

□□□□ , □□□□ , □□□□

3-4

Walk right, Walk

left □□□□ , □□□□

5&6

Cross right

behind left, Step left to left side, Cross right over left

□□□□□□□□ , □□□□ , □□□□□□□□

mso-font-kerining:0pt">□□

mso-font-kerining:0pt">

mso-font-kerining:0pt">Rock Recover, Sailor ¼ Turn, Rocking Chair & Cross

& Heel &

1-2

Rock left to left

side, Recover on right □□□□ , □□□□

3&4

Cross left behind

right, ¼ turn right stepping forward on right, Step forward on left [6:00]

□□□□□□□□ , □□ 90□□□□ , □□□□ (□□ 6□□)

5&6&

Rock forward on

right, Recover on left, Rock back on right, Recover on left, □□□□ , □□□□ , □□□□ , □□□□

7&8&

Cross right over

left, Step back on left, Tap right heel forward, Step right next to left

□□□□□□□□ , □□□□ , □□□□ , □□□□