

# THE LIGHT IN OUR SOUL

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**Count:** 40      **Wall:** 4      **Level:** Intermediate level

**Choreographer:** Sebastiaan Holtland (Aug 07)

**Music:** The Light In Our Soul by Helena Paparizou

**start dancing after the 17 seconds ROCK/RECOVER, 1/2 SHUFFLE TURN, ROCK/RECOVER, 1/2 SHUFFLE TURN**

**1-2**      Rf rock forward, Lf recover (facing 12:00)

**3&4 1/2 turn right, Rf step forward, Lf glose behind Rf, Rf step forward (facing 6:00)**

**5-6**      Lf rock forward, Rf recover

**7&8 1/2 turn left, Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00)**

**1/2 TURN AND SHUFFLE BACK, ROCK/RECOVER, SHUFFLE FWD, 1/4 SAILOR CROSS**

**9&10 1/2 turn left, Rf step back, Lf glose fwd Rf, Rf step back (facing 6:00)**

**11-12**      Lf step back, Rf recover

**13&14**      Lf step forward, Rf glose behind Lf, Lf step forward (facing 6:00)

**15&16 1/4 turn right and cross Rf behind Lf, Lf step to the Left side, Rf across Lf in 6 position (facing 9:00)**

**FULL SWEEP TURN, SAILOR AND CROSS, ROCK 1/4 TURN, SHUFFLE FWD**

**17-18**      Full turn with sweep from front to back (facing 9:00)

**19&20**      Rf step behind Lf, Lf step to the left side, Rf across Lf in 6 position (facing 9:00)

**21-22**      Rf side rock, Lf recover and make 1/4 turn left (facing 6:00)

**23-24**      Rf step forward, Lf glose behind Rf, Lf step forward (facing 6:00)

**ROCK 1/4 TURN, SHUFFLE FWD, STEP 1/2 PIVOT TURN, STEP 1/4 PIVOT TURN**

**25-26**      Lf side rock, Rf recover and make 1/4 turn right (facing 12:00)

**27&28**      Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00)

**29-30**      Rf step forward, 1/2 turn left keeping weight on Lf (facing 6:00)

**31-32**      Rf step forward, 1/4 turn left keeping weight on Lf (facing 3:00)

**ROCK/RECOVER, 1/4 SHUFFLE TURN, ROCK/RECOVER, 3/4 TRIPLE TURN**

**33-34** Rf step cross forward Lf, Lf recover (facing 3:00)

**35&36** Rf step forward, Lf glose behind Rf, Rf step forward (facing 12:00)

**37-38** Lf step forward, Rf recover (facing 12:00)

**39&40 3/4 triple turn, Lf forward, Rf forward, Lf step forward (facing 3:00) REPEAT**