

# OLD FASHION ROCK

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Sandy Kerrigan

**Music:** Rock 'N' Roll Man by Cagey Strings Band

## LEFT SIDE SHUFFLE, CROSS FLICK, $\frac{1}{4}$ RIGHT BALL STEP, SHUFFLE LEFT FORWARD

**1&2** Step left to left, step right together, step left to left

**3-4** Cross right over left, flick left low and to left side

**&5-6 $\frac{1}{4}$  turn right ball step forward left, right**

**7&8** Step forward left, step right beside, step forward left

## ROCK FORWARD BACK, SHUFFLE BACK RIGHT, ROCK BACK FORWARD, CROSS POINT SIDE

**1-2** Rock forward right, replace back to left

**3&4** Step right, step left back together, step back right

**5-6** Rock back left forward right

**7&8** Cross left over right, point right to right side,

## RIGHT FLICK BALL CROSS, UNWIND $\frac{3}{4}$ RIGHT, STEP SIDE, $\frac{3}{4}$ TURNING STRUT, STRUT FORWARD

**1&2** Flick right to right side, step back on right, cross left over right

**3-4** Unwind  $\frac{3}{4}$  right, step left to left side

**5-6 $\frac{3}{4}$  right turning strut, touch right toe back turning right, weight to heel**

**7-8** Left toe heel strut forward,

## $\frac{1}{2}$ PIVOT TURN LEFT, $\frac{1}{2}$ LEFT RIGHT TRIPLE STEP, ROCK BACK FORWARD, FULL TURN FORWARD RIGHT

**1-2** Step forward right  $\frac{1}{2}$  pivot turn left, replace weight to left

**3&4-5-6** Turn  $\frac{1}{2}$  left right triple step on the spot, rock back left forward right

**7-8** Full turn forward right  $\frac{1}{2}$  right step back left,  $\frac{1}{2}$  right step forward right

## SYNC HIPS FORWARD LEFT-RIGHT-LEFT AND RIGHT-LEFT-RIGHT, $\frac{1}{2}$ PIVOT RIGHT, $\frac{1}{4}$ RIGHT SIDE SHUFFLE LEFT

- 1&2 Step forward left pushing hips forward back forward
- 3&4 Step forward right pushing hips forward back forward,
- 5-6 Step forward left  $\frac{1}{2}$  pivot turn right, replace weight to right

### **7&8 $\frac{1}{4}$ right left side shuffle**

#### **REV TURN $\frac{1}{2}$ RIGHT, LEFT CROSS SHUFFLE, SIDE ROCK REPLACE, $\frac{1}{4}$ RIGHT TURNING SAILOR**

- 1-2 Touch right toe behind left and unwind  $\frac{1}{2}$  turn right
- 3&4-5-6 Cross shuffle left, right side rock replace weight to left

### **7&8 $\frac{1}{4}$ right turning sailor stepping right behind turn $\frac{1}{4}$ right step left to left, replace to right**

#### **LEFT FORWARD ROCKING CHAIR, $\frac{1}{2}$ PIVOT TURN RIGHT, SHUFFLE FORWARD LEFT**

- 1-2-3-4 Rock forward left back right, rock back left forward right
- 5-6 Step forward left  $\frac{1}{2}$  pivot turn right, weight to right

### **Restart from here on wall 3**

- 7&8 Shuffle forward left

#### **RIGHT FORWARD ROCKING CHAIR, $\frac{1}{2}$ PIVOT TURN LEFT, $\frac{3}{4}$ LEFT TURNING RIGHT SHUFFLE**

- 1-2-3-4 Rock forward right back left, rock back right forward left
- 5-6 Step forward right  $\frac{1}{2}$  pivot turn left

### **7&8 $\frac{3}{4}$ left shuffle back on right**

#### **REPEAT**

#### **TAG**

### **End of wall 1 facing the back**

- 1-2-3-4 Left side rock replace right, left cross rock replace right
- 5-6-7-8 Left side rock replace right, full turn right to side cross left over right turning  $\frac{1}{2}$  right, step left together  $\frac{1}{2}$  right

#### **RESTART**

**On wall 3, restart at front after wall 54**

## ENDING

**Repeat left shuffle forward with  $\frac{1}{4}$  turn right stepping side left right together**

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