

# Twist With The Fat Boys

LINEDANCE.COM

**Count:** —                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Roy Verdonk & Wil Bos , UK (Nov 10)

**Music:** The Twist by Fat Boys & Chubby Checker

□□□ **Intro: 16 counts (start counting after the**

**word "twist")** 16□□□□ **"twist"**□□

**Part A** A□□ (48□ )

□□□

**Pulp Vision With Heel Bounces, Sailor**

**Step R, Sailor Step L**

**1-4**

**Move right hand from left to right in front of eyes to right while you**

**bounce your right heel**

(□□□□□□□□□□ )□□□□

**5&6**

**Cross RF behind LF, Step LF to left side, Step RF to right side**

□□□□□□□□□□ , □□□□ , □□□□

**7&8**

**Cross LF behind RF, Step RF to right side, Step LF next to RF**

□□□□□□□□□□ , □□□□ , □□□□

□□□

**Heel Toe Swivel (x3), Clap, Toe Strut**

**R, Toe Strut L**

**1-4**

**Swivel heels left, Swivels toes left, Swivel heels left, Clap**

□□□□□ , □□□□□ , □□□□□ , □□

**5-6**

**Step forward on right toes, Step down on right heel**

□□□□□ , □□□□

**7-8**

**Step forward on left toes, Step down on left heel**

□□□□ , □□□□

□□□

**Step Forward R, 1/2 Turn L, Step**

**Forward R, 1/2 Turn L, Stomp Forward R, Swivel L Heel, Toe, Heel**

**1-2**

**Step RF forward, 1/2 Turn left** □□□□ , □□ **180°**

**3-4**

**Step RF forward, 1/2 Turn left** □□□□ , □□ **180°**

**5-8**

**Stomp RF forward, Swivel heel LF inwards RF, Swivel toes LF inwards RF,**

**Swivel heel LF inwards RF**

□□□□□ , □□□□□□□ , □□□□□□□ , □□□□□□□

□□□

**Out L, Out R With Clap, In R, In L**



□□□□ , □□□□

**6-8**

**Hold for 3 counts** □ 3□

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Close L, Step R, ½ Turn Left In 7 Counts And Walk With

**Wobbling Knees!**

**&-1**

**LF beside RF, Step RF forward,** □□□□ , □□□□

**2-8**

**Walk in seven counts a ½ turn left, and push your knees in and**

**out.(weight ends on LF)**

□□□□□□□□ 7□□□ 180□ (□□□□□ )

**Part B B□□ (32□ )**

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Step R With Hip Bump R X2, Step L With Hip Bumb Left

**X2, Hip Roll Anti Clockwise**

**1-2**

**Step RF to the right side and Bump right hip to the right x2**

□□□□□□□□

**3-4**

**Bump left hip to left side (x2) □□□□**

**5-8**

**Roll your hips in a circle 2 times anti clockwise**

□□□□□□

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Rolling Vine R, Clap, Rolling Vine L, Clap

**1-2**

**¼ turn right step RF forward, ½ right step LF back**

□□ 90□□□□ , □□ 180□□□□

**3-4**

**¼ turn right step RF to right side, Clap hands**

□□ 90□□□□ , □□

**5-6**

**¼ turn left step LF forward, ½ turn left step back on RF**

□□ 90□□□□ , □□ 180□□□□

**7-8**

**¼ turn left step LF to left side, Clap hands**

□□ 90□□□□ , □□

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Slow Diagonal Right Shuffle Forward, Hold, Slow

**Diagonal Left Shuffle Forward, Hold**

**1-4**

**Step RF forward to right diagonal, Close LF next to RF, Step RF forward to right diagonal, Hold**

□□□□□□ , □□□□ , □□□□□□ , □

**5-8**

**Step LF forward to left diagonal, Close RF next to LF, Step LF forward to left diagonal, Hold**

□□□□□□ , □□□□ , □□□□□□ , □

**Hand movements; On count 1-3-5-7**

**when you step forward use your hands like pulling yourself forward** □□□□ **1,3,5,7**  
□□□□ , □□□□□□□□

**mso-font-kerning:0pt">□□□**

**mso-font-kerning:0pt">**

**mso-font-kerning:0pt">Jazz Box Cross ¼ Turn R, Diagonal Hand Push Forward**

**with Hip Bumb Backwards(x2)**

**1-2**

**Cross RF over LF, ¼ right step back on LF**

□□□□□□□□ , □□ 90□□□□

**3-4&**

**Step RF to right side, Cross LF over RF, Step RF to the right side.**

□□□□ , □□□□□□□□ , □□□□

**5**

**Push both hands left forward diagonal while you push your bum backwards**

**right** [ ][ ][ ][ ][ ] , [ ][ ][ ][ ]

**(stretch knees R & L backwards)** [ ][ ][ ][ ]

**6**

**Recover RF & LF center** [ ][ ][ ]

**&-7**

**take weight on left Push both hands right forward diagonal while your**

**bum backwards left** [ ][ ][ ][ ] , [ ][ ][ ][ ][ ] , [ ][ ][ ][ ]

**(stretch knees R & L backwards)**

[ ][ ][ ][ ]

**8**

**Recover RF & LF center** [ ][ ][ ]