

Stomp & Kick (□□□□)

Count: 40 **Wall:** 4 **Level:** Intermediate

Choreographer: Kate Sala , UK (Feb 10)

Music: Don't Lose Any Sleep Over You by Amy Diamond (CD: 95bpm)

□□□ **Start after 16 Count Intro. 16**□□□□

□□□

Jazz Box With Toe Struts, Jump,

Chasse Right, Sailor Step With 1/4 Turn Left.

□□□□□□□□ , □□□ , 1/4□□□

1&2&

Cross R Toe over L. Drop R heel to floor. Step back on L Toe. Drop L

heel to floor. □□□□□□□□ , □□□□ , □□□□ , □□□□

3&4

Step R Toe to R side. Drop R heel to floor. Jump in place bringing in L

next to R. □□□□ , □□□□ , □□□□

5&6

Step R to R side. Step L next to R. Step R to R side.

□□□□ , □□□□ , □□□□

7&8

Cross step L behind R. Turn 1/4 L

stepping R to R side. Step L slightly forward. (9 o'clock)

□□□□□□□□ , □□ 90□□□□ , □□□□ (□□ 9□□)

□□□

Stomp, Stomp, Kick, Out, Out, Ball

Step, Rock Forward, Shuffle 1/2 Turn Right. □□ □□ □ , □ □ □ □ , □□□

1&2

Stomp R down in place. Stomp L down in place. Kick forward with Right.

□□□□ , □□□□ , □□□□

&3

Step on R out to R side. Step on L out to L side.

□□□□ , □□□□

&4

Step down on ball of R into centre. Step forward on L.

□□□□ , □□□□

5-6

Rock forward on R. Recover onto L.

□□□□□ , □□□□

7&8

Turn 1/4 R stepping R out to R side. Step L next to R. Turn 1/4 R

stepping forward on R. (3 o'clock)

□□ 90□□□□□ , □□□□ , □□ 90□□□□□ (□□ 3□□)

□□□

Side Strut L, Cross Rock Back, Kick

Forward, Rock Back, Charleston

>Charleston

>CharlestonCharleston

>Charleston

>

Step, Rock Back.

□□ , □□□ □□ , □ □ □□

□□ , □□□□ , □□ □□

1&2&

Step L Toe to L side. Drop L heel to floor. Cross rock back on R behind

L. Recover on L. □□□□ , □□□ , □□□□□□ , □□□

3&4&

Kick R foot forward. Step R down in place. Rock back on L. Recover onto

R. □□□□ , □□□ , □□□□□□ , □□□□

5-6

Step forward on L. Swing R foot round from back to front touching R toe

forward. □□□□ , □□□□□□□□

7

Swing R foot round from front to back stepping back on R.

□□□□□□□□

8&

Rock back on L. Recover onto R. (3 o'clock)

□□□□□ , □□□□ (□□ 3□□)

□□□

Walk Forward x2, Mambo Forward, Turn

1/2 Right x2, Touch Right Next to Left, Bump Hip. □ □ , □□□ , □ □ , □□ , □□

1-2

Walk forward on L, R. □□□□ , □□□□

3&4

Rock forward on L. Recover onto R. Step back on L.

□□□□□ , □□□□ , □□□□

5-6

Make 1/2 turn R stepping forward on R. Make 1/2 turn R stepping back on

L. □□ 180□□□□□ , □□ 180□□□□□

7&8

Touch R toe next to L instep. Bump R hip to R side. Recover onto L. (3

o'clock) □□□□□ , □□□□□□□ , □□□□ (□□ 3□□)

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Right Side Rock & Cross, Left Side Rock &

Cross, Step Pivot 1/2 Turn L. Kick, Turn 1/2 L, Kick. □□□□□ , □□□□□ , □

□ ,

mso-font-kerning:0pt">□ □□

mso-font-kerning:0pt">

1&2

Rock out on R to R side. Recover onto L. Cross step R over L &

stepping slightly forward. □□□□ , □□□ , □□□□□□□□

3&4

Rock out on L to L side. Recover onto R. Cross step L over R &

stepping slightly forward. □□□□ , □□□□ , □□□□□□□□

5-6

Step forward on R. Pivot 1/2 Turn L.

□□□□ , □□□ 180°

7-8

Kick R foot forward. Pivot 1/2 turn on ball of L kicking R foot forward.

(3 o'clock) □□□□ , □□ 180°□□□□ (□□ 3□□)
TAG: 8 Count Tag

is danced everytime you face the back & front wall.

END of wall 2 facing 6 o'clock. END of wall 4

facing 12 o'clock. END of wall 6 facing 6 o'clock.

□□□□□□ (□□ 6□□) , □□□□ (□□ 12□□) , □□□□ (□□ 6□□)□ , □□□□ 8□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Cross Rock, Chasse Right With 1/4 Turn Right, Step

Pivot 3/4 Turn R, Chasse Left. □□□□ □□ , □□□□ , □

□ 3/4,

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

1-2

Cross rock on R over L. Recover onto L.

□□□□□□□□ , □□□□

3&4

Step R to R side. Step L in next to R. Make 1/4 turn R stepping forward

on R. □□□□ , □□□□ , □□ 90□□□□

5-6

Step forward on L. Pivot 3/4 turn R.

□□□□ , □□□□ 270□

7&8

Step L to L side. Step R in next to L. Step L to L side.

□□□□ , □□□□ , □□□□

ENDING:

You will finish the dance with Rock step shuffle 1/2 turn to face 9 o'clock on count 8 section 2. Then turn 1/4 R stepping L to L side for the last beat of the song to face 12 o'clock.

□□□□□□□□ 8□□□□□□□□ 9□□ , □□□□ 90□□□□□□□□ 12□□□□□□