

Cornerstone of My Heart

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Count: 64 **Wall:** 2 **Level:** Advanced

Choreographer: Sandy Kerrigan (Sydney) Australia (Aug 2013)

Music: Please Don't Ask Me / John Farnham / The Essentials / iTunes

Dance Starts on Lyrics - Version 1:00 - [BPM: 178] Track Length 3:10

Vine R, Push L to L Side with Drag, Back Rock, Side, Back Rock, ¼ Step Back 3:00

1 2 3 4 Step R to R, Cross L behind R, Step R to R, Push off R/Step L to L/Dragging R

5 & 6 Rock Back on R, Replace Fwd to L, Step R to R Side

7 & 8 Rock Back on L, Replace Fwd to R, Turning ¼ R/Step Back on L 3:00

½ R, Fwd with Slow 1/2 Pivot R, ¼ R Side, ¾ R Fwd, Fwd Left Coaster Step 3:00

1 2 3 4 Turning ½ R/Step Fwd R, Step Fwd L, Slow ½ Pivot Turn R/over 2 counts/wt to R

5 6 Turning 1/4 R/ Step L to L Side 6:00, Turning ¾ R/Step Fwd R (hinge turn)

7 & 8 Step Fwd L, Step R next to L, Step Back on L

Step Back, Sweep, Step Back, Sweep, Diagonal Back Rock, Diagonal Fwd Lock Shuffle 4:30

1 2 3 4 Step Back on R, Sweep L/Around and Back, Step Back on L, Sweep R/Back

5 6 Rock Back on R to face Side R45°, Replace Fwd to L (pushing L toe fwd)

7 & 8 Step Fwd R, Lock L behind R, Step Fwd R/Facing Side R45°

Fwd ½ Diagonal Pivot, Step Fwd, Step Back with Spiral Turn L, Diagonal Lunge, Coaster Step 9:00

1 2 3 Step Fwd L, Pivot Turn ½ R wt to R, Step Fwd on L

4 Turning ½ L/Step Back on R, ½ Turn L on R Sweeping L to Meet R (wt on R)

5 6 Lunge L Fwd to Face Side R45°, Replace Back to R

7 & 8 Turning to 9:00 wall/Step Back on L, Step R next to L, Step Fwd L

Step Fwd, Sweep Fwd, Step Fwd, Sweep Fwd, Push Fwd, Run Back, ½ R/Run Fwd 3:00

1 2 3 4 Step Fwd R, Sweep L Circular Fwd, Step Fwd L, Sweep R Circular Fwd,

5 6 Lunge/Push Fwd onto R, Replace Back to L

& 7 & 8 Run Back onto R, Run Back onto L, Turning ½ R/Run Fwd onto R, Run Fwd L

Walk Back R, Back L, ½ Fwd, Fwd ½ Pivot Turn R, ¼ Side, ½ Hinge Side, Behind, Side, Cross

1 2 3 Walk Back R, Walk Back L, Turning ½ R/Step Fwd R 9:00

& 4 5 Step Fwd L, ½ Pivot Turn R/wt on R, Turning ¼ R/Step L to L Side,

6½ Hinge R/Step R to R Side/Dragging L

7 & 8 Turning to 12:00/Cross L behind R, Step R to R, Cross L over R

Back, ¼ Fwd, Step Fwd, Hitch with ¼ Turn, Cross, ¼ Step Back, ½ Fwd, Fwd ½ Pivot Turn

1 2 3 Step Back on R, Turning ¼ L/Step Fwd L, Step Fwd R

4 5 6 Turning ¼ R/Hitch L, Cross L over R, ¼ L/Step Back on R 9:00

7 & 8 Turning ½ L/Step fwd L 3:00, Step Fwd R, ½ Pivot Turn L/wt on L 9:00

1/2 Step Back, Step Back, ½ Step Fwd, ¼ Scissor Turn, Cross, Side, Behind, ¼, ¼, Cross

1 2 3 Turning ½ L/Step Back on R, Step Back L, ½ R/step Fwd R 9:000

4 & 5 Turning ¼ R/Step L to L Side, Step R next to L, Cross L over R

& 6 & 7 Step R to R, Cross L Behind R, Turning ¼ R/Step Fwd R, Step Fwd L

& 8 1/4 Pivot Turn R/wt on R, Cross L over R 6:00

[64]

This dance is dedicated to all my Students, thankyou for all your support, this has given me the

Courage to continue with what I love to do, dance and choreograph.

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