

Count: 48

Wall: 4

Level: intermediate

Choreographer: Peter Metelnick

Music: Better Life by Keith Urban

RIGHT & LEFT HEEL SWITCHES, LEFT BALL CROSS, $\frac{1}{4}$ RIGHT & KICK, RIGHT BALL CROSS, $\frac{3}{4}$ TURN LEFT INTO FORWARD SHUFFLE

1&2& Touch right heel forward, step right together, touch left heel forward, step left together

3&4 Cross step right over left, turning $\frac{1}{4}$ right step left back, kick right on right diagonal

&5-6 Step right back, cross step left over right, turning $\frac{1}{4}$ left step right back

7&8 Turning $\frac{1}{2}$ left step left forward, step right together, step left forward

RIGHT & LEFT HEEL SWITCHES, LEFT BALL CROSS, $\frac{1}{4}$ RIGHT & KICK, RIGHT BALL CROSS, $\frac{1}{2}$ TURN LEFT INTO SIDE SHUFFLE

1&2& Touch right heel forward, step right together, touch left heel forward, step left together

3&4 Cross step right over left, turning $\frac{1}{4}$ right step left back, kick right on right diagonal

&5-6 Step right back, cross step left over right, turning $\frac{1}{4}$ left step right back

7&8 Turning $\frac{1}{4}$ left step left to left, step right together, step left to left

SYNCOPATED RIGHT CROSS ROCK & RECOVER, WEAVE RIGHT 2, LEFT SAILOR, RIGHT CROSS BEHIND & UNWIND $\frac{3}{4}$ RIGHT

1&2 Cross step right over left, recover weight on left, step right to right

3-4 Cross step left over right, step right to right

5&6 Cross step left behind right, step right to right, step left to left

7-8 Touch right behind left, unwind $\frac{3}{4}$ right with weight ending on right

LEFT FORWARD ROCK & RECOVER, $\frac{1}{2}$ LEFT SHUFFLE, RIGHT FORWARD, $\frac{1}{2}$ LEFT PIVOT TURN, RIGHT KICK BALL TOUCH

1-2 Rock left forward, recover weight on right

3&4 Turning $\frac{1}{2}$ left step left forward, step right together, step left forward

5-6 Step right forward, pivot $\frac{1}{2}$ left

7&8 Kick right forward, step right together, touch left to left

LEFT SAILOR WITH $\frac{1}{4}$ RIGHT TURN, RIGHT SAILOR HEEL, RIGHT BALL CROSS INTO LEFT CROSS SHUFFLE, $\frac{1}{2}$ LEFT TURN

- 1&2** Cross step left behind right, turning $\frac{1}{4}$ right step right to right, step left to left
- 3&4** Cross step right behind left, step left to left, touch right heel forward on right diagonal
- &5&6** Step right back, cross step left over right, step right to right, cross step left over right
- 7-8** Turning $\frac{1}{4}$ left step right back, turning $\frac{1}{4}$ left step left to left

RIGHT FORWARD, TOUCH LEFT TOGETHER, LEFT BALL HEEL, RIGHT BACK, LEFT FORWARD, RIGHT FORWARD, $\frac{1}{2}$ LEFT PIVOT TURN, RIGHT KICK BALL STEP

- 1-2** Step right forward, touch left together
- &3&4** Step left back, touch right heel forward, step right back, step left forward
- 5-6** Step right forward, pivot $\frac{1}{2}$ left
- 7&8** Kick right forward, step right together, step left forward

REPEAT