

# MIXED EMOTIONS

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**Count:** 64

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Carl Sullivan

**Music:** I May Hate Myself In The Morning by Lee Ann Womack

**1&2-3&4** Right back coaster step (right, left, right), step left forward, turn a full turn forward left stepping right, left

**5&6-7&8** Right forward coaster step (right, left, right), step left back, turn full turn back right stepping right, left

**1-2** Rock-step right back, replace on left

**&3-4** Turn  $\frac{1}{4}$  left stepping right beside left, rock-step left back, replace on right (9:00)

**5-6** Facing the left diagonal - step left forward, step right close to left turning a forward full turn left on right

**7&8** Step left forward on same diagonal, step right forward, pivot  $\frac{1}{2}$  turn left onto left

## Restart on wall 5

**1-2** Turn  $\frac{1}{8}$  left to straighten up to 12:00 - step right to right side dragging left, step left behind right

**&3-4** Turn  $\frac{1}{4}$  right stepping right forward, step left forward, pivot  $\frac{1}{2}$  right onto right

**5-6** Turning  $\frac{1}{4}$  right - step left to left side dragging right, step right behind left

**&7-8** Step left to left side, cross-rock right over left, replace on left (facing left diagonal)

**&1-2** Still on left diagonal - step right beside left, rock-step left back, replace on right

**3** Step left forward on left diagonal

**&4** Turning  $\frac{1}{4}$  left to face a new diagonal - step right beside left, rock-step left back

**5&6** Replace on right, turn  $\frac{1}{8}$  right - step left to left, hinge  $\frac{1}{2}$  turn right stepping right to right side

- 7-8** Rock-step left across right (right diagonal), replace on right
- &1-2** Still on right diagonal - step left beside right, rock-step right back, replace on left
- 3** Step right forward on same diagonal
- &4** Turning  $\frac{1}{4}$  right to face a new diagonal - step left beside right, rock-step right back
- 5&6** Replace on left, turn  $\frac{1}{8}$  left - step right to right, hinge  $\frac{1}{2}$  turn left stepping left to left side (12:00)
- 7-8** Rock-step right across left (left diagonal), replace on left
- &1-2** Step right to right side, rock-step left over right, replace on right
- &3-4** Step left to left side, rock-step right over left, replace on left
- &5-6** Turn  $\frac{1}{4}$  right stepping right forward, step left forward, pivot  $\frac{1}{2}$  turn right onto right
- 7&8** Step left forward, turn forward a full turn left stepping right then left (9:00)
- 1-2** Rock-step right to right side, replace on left
- 3&4** Step right behind left, step left to left side, touch right heel forward on right diagonal
- &5-6** Step right slightly back, cross-rock left over right, replace on right
- 7&8** Turn a full turn left stepping left, right, left
- 1-2** Rock-step right to right side, replace on left
- 3&4** Step right behind left, step left to left side, touch right heel forward on right diagonal
- &5&6** Step right slightly back, cross-shuffle left-right-left to right side
- 7-8** Step right to right side, hinge  $\frac{1}{2}$  turn left stepping left to left side (3:00)

**REPEAT**

**RESTART**

**After 4th sequence facing 12:00, dance to count 15&, then pivot  $\frac{3}{8}$  turn left to face 3:00.  
Restart facing 3:00**

## ENDING

**Dance first 30 counts the turn  $\frac{1}{4}$  right stepping left to left side (12:00). Slide right beside left**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=30898](https://www.linedance.com/index.php?f=dance_view&id=30898)