

Just One Time

LINEDANCE.COM

Count: 64

Wall: 4

Level: Phrased Novice

Choreographer: Tjwan Oei (Jan 2014)

Music: Just one Time by Mandy Barnett

Sequence : A - A - B - A - A - B - A - A

A : 32 counts

[01] Bachata basic step with hips bumps 2 x

1-2-3&4 Move your body & legs (R-L-R) tap with Lf. and bump with left hip

5-6-7&8 Move your body & legs (L-R-L) tap with Rf. and bump with right hip

[02] Bachata side step to the right - Bachata side step to the left

1-2-3&4 Rf. step to the right side - Lf. step together - Rf. step to the right side - Lf. tap beside Rf. and bump with left hip

5-6-7&8 Lf. step to the left side - Rf. step together - Lf. step to the left side - Rf. tap beside Lf. and bump with right hip

[03] Bachata step forwards - Bachata step backwards

1-2-3&4 Rf. step forwards - Lf. lock behind Rf. - Rf. step forwards - Lf. tap behind Rf. and bump with left hip

5-6-7&8 Lf. step behind - Rf. lock in front of Lf.- Lf. step behind - Rf. tap in front of Lf. and bump with right hip

[04] Right side rock - Recover - Step ¼ turn left - Hips bumps - Rock forwards - Recover - Shoulders movement

1-2-3&4 Rf. rock to the right side - Rec. weight onto Lf. - Rf. step ¼ turn left forwards - Lf. tap beside Rf. and bump with left hip

5-6-7&8 Lf. step forwards - Recover weight onto Rf. - Move with your shoulder (L-R-L)

B : 32 counts

[01] Step ¼ turn left forwards with hips bumps (3 x) - Step together, Vine to the right with hips bumps

1&2&3&4 Rf. step ¼ turn left forwards – Bump with left hip – Lf. step ¼ turn left forwards – Bump with right hip, Rf. step ¼ turn left forwards – Bump with left hip – Lf. step together beside Rf.

5-6-7&8 Rf. step to the right side – Lf. step behind Rf. – Rf. step to the right side – Lf. tap beside Rf. and bump with left hip

[02] Syncopated vine step to the right - Pivot ½ turn (2x)

1&2&3&4& Rf. step to the right side – Lf. step behind Rf. – Rf. step to the right side – Lf. cross over Rf. – Rf. step to the right side, Lf. step behind Rf. – Rf. step to the right side – Lf. step together beside Rf.

5-6-7-8 Rf. step forwards – Rf./Lf. ½ turn left – Rf. step forwards – Rf./Lf. ½ turn left

[03] Step ¼ turn left forwards with hips bumps (3x) - Step together, Vine to the right with hips bumps

1&2&3&4 Rf. step ¼ turn left forwards – Bump with left hip – Lf. step ¼ turn left forwards – Bump with right hip, Rf. step ¼ turn left forwards – Bump with left hip – Lf. step together beside Rf.

5-6-7-8 Rf. step to the right side – Lf. step behind Rf. – Rf. step to the right side – Lf. tap beside Rf. and bump with left hip

[04] Funky step and slide to the left - Step behind - Cross - Touch

1-2-3-4 Rf. touch to right side – Rf. step together beside Lf. – Lf. touch to the left side – Lf. step together beside Rf.

5-6-7&8& Rf. touch to the right side– Rf. step together beside Lf.– Lf. step to the left side – Rf. step behind Lf.– Lf. cross over Rf. Rf. touch beside Lf.

Happy dancing

Contact: H.Oei@kpnplanet.nl