

# Free My Soul

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Rob Fowler , Ben Martin and Richard Williams (May 2014)

**Music:** Drift Away by Garth Brooks (CD: Blue-Eyed Soul)

**Count in 8 (approx. 6 secs) - bpm: 82**

**SEC 1: ROCKING CHAIR, SPIRAL TURN, ROCK FORWARD/RECOVER, FULL SHUFFLE TURN**

**1&2&** Facing 11 o'clock rock forward on right, recover on left, rock back on right, recover on left

**3&4** Still facing diagonal step forward right, make a full spiral turn left hooking left in front of right, step

**5&forward left, Still on the diagonal rock forward on right, recover on left**

**6&7&8** Make a full shuffle turn right stepping right, left, right, left, right to straighten up to front wall (12 o'clock)

**SEC 2: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SIDE ROCK CROSS, ¼ LEFT, ½ LEFT, SWEEP**

**1&2** Sweeping left round cross left over right, step right to right side, step left behind right

**3&4** Sweeping right round step right behind left, step left to left side, cross right over left

**5&6** Rock left to left side, recover on right, cross left over right

**7&8** Make a ¼ turn left stepping back on right, make a ½ turn left stepping forward on left, sweep right round in front of left (weight on left) (3 o'clock)

**SEC 3: CROSS BACK SIDE, ¼ LEFT, ¾ LEFT, CROSS ROCK SIDE, BACK ROCK ¼ LEFT**

**1&2** Cross right over left, step back on left, step right to right side dragging left towards right

**3-4** Make ¼ turn left stepping forward left, make ¾ turn left on ball of left and point right to right side

**5&6** Cross rock right over left, recover on to left, step right to right side

**7&8** Rock back on left, recover on to right, make ¼ turn left stepping forward left (12 o'clock)

**(\*\*RESTART HERE WALL 5)**

**SEC 4: MAMBO ½ TURN RIGHT, STEP LEFT, ¾ TURN RIGHT, SWEEP, BEHIND SIDE CROSS, SIDE ROCK CROSS HITCH TURN**

- 1&2** Rock forward on right, recover on left, make  $\frac{1}{2}$  turn right stepping forward on right
- 3&4** Step forward on left, make a  $\frac{3}{4}$  turn right (weight on left), sweep right from front to back
- 5&6** Step right behind left, step left to left side, cross right over left
- 7&8&** Rock left to left side, recover on to right, cross left over right towards diagonal (5 o'clock), hitch right making  $\frac{1}{4}$  turn left into diagonal (1 o'clock)

### **START OVER**

### **TAG: AT THE END OF WALLS 2 AND 4**

### **RIGHT MAMBO FORWARD, LEFT MAMBO BACK**

- 1&2** Rock forward on right, recover on to left, step right next to left
- 3&4** Rock back on left, recover on to right, step left next to right

**\*\*RESTART: Wall 5 - dance up to and including count 24, then Restart facing 12 o'clock**

**Last update - 26th May 2014**