

# Insecure

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**Count:** 48      **Wall:** 4      **Level:** Improver / Intermediate

**Choreographer:** Séverine Fillion (October 2017)

**Music:** "Insecure" by RaeLynn (Album : Wildhorse, 2017)

## **Intro : 16 counts**

### **[1-8] SIDE, BEHIND, SIDE TRIPLE STEP, ROCK BACK, SIDE TRIPLE STEP**

- 1-2      Right to right, left cross behind right
- 3&4      Triple step right - left - right to the right side
- 5-6      Rock back on left, recover on right
- 7&8      Triple step left - right - left to the left side

### **[9-16] CROSS, SIDE, BEHIND & HEEL, & CROSS, HOLD, & HEEL, HOLD**

- 1-3      Right cross over left, left to left, right cross behind left
- &4      Left to left slightly back, touch right heel diagonally right fwd
- &5      Right next to left, left cross over right
- 6      Hold
- &7      Right to right slightly back, touch left heel diagonally left fwd
- 8&      Hold, recover weight on left (&) \*\* RESTART here on wall 3

### **[17-24] ROCKING CHAIR, STEP 1/2 TURN, TRIPLE STEP FWD**

- 1-4      Rock step right fwd, recover on left, rock back on right, recover on left
- 5-6      Right step fwd, Turn 1/2 left (weight on left) 6:00
- 7&8      Triple step right - left - right fwd

### **[25-32] CHARLESTON STEP**

- 1-4      Left step fwd, right Kick fwd, right step back, point left toe back
- 5-8      Left step fwd, right Kick fwd, right step back, point left toe back

### **[33-40] HEEL TAP FWD, TOE TAP BACK, STEP FWD, 1/4 TURN & SIDE POINT, JAZZ BOX**

- 1-2      Tap left heel fwd, Tap left toe back
- 3-4      Left step fwd, Turn 1/4 left & touch right toe to right side 3:00

**5-8** Right cross over left, left step back, right to right, left step fwd

**[41-48] V STEP, 4 WALKS FWD with KNEE POP**

**1-4** Right diagonally right fwd, left diagonally left fwd

**Option style : 1 - Push aside right hand to the right, 2 - Push aside left hand to the left**

**3-4** Recover on right to the center, left next to right

**Option style : 3 - Put right hand on right hip, 4 - put left hand on left hip**

**&5** Knee pop R : Right step fwd (Unstick left heel of the ground and pop left knee fwd)

**&6** Knee pop L : Left step fwd (unstick right heel of the ground and pop right knee fwd)

**&7&8** Kneep pop R, Knee pop L

**RESTART : After 16 counts on 3th wall at 6:00**

**SMILE & HAVE FUN!!**