

Push It Up

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Neville Fitzgerald & Julie Harris

Music: Push It Up by Daniela

Starts After 32 Counts.

Out, Out, Hold, & Side, Cross, Back, Side, Cross.

- 1-2** Step forward & out on Left, step forward & out on Right.
- 3&4** Hold, step Left next to Right, step Right to Right side.
- 5-8** Cross step Left over Right, step back on Right, step Left to Left side, cross step Right over Left.

Side, 1/4 Hinge, Cross Shuffle, Side, 1/4 Hinge, Rock Step.

- 1-2** Step Left to Left side, make 1/4 turn to Right stepping Right to Right side.
- 3&4** Cross step Left over Right, step Right to Right side, cross step Left over Right.
- 5-6** Step Right to Right side, make 1/4 turn to Left stepping Left to Left side.
- 7-8** Cross rock Right over Left, recover on Left.

Side, Hold, & 1/4 Rock Step, Coaster Step, Step, 1/2 Pivot.

- 1-2** Step Right to Right side, Hold.
- &3-4** Step Left next to Right, make 1/4 turn to Right rocking forward on Right, recover on Left.
- 5&6** Step back on Right, step Left to Right, step forward on Right.
- 7-8** Step forward on Left, pivot 1/2 turn to Right.

Point, Cross, Point, 1/4, Rock Step, 1/2, 1/2.

- 1-2** Point Left to Left side, cross step Left over Right.
- 3-4** Point Right to Right side, make 1/4 turn to Right stepping Right next to Left.
- 5-6** Rock forward on Left, recover on Right.
- 7-8** Make 1/2 turn to Left stepping forward on Left, 1/2 turn Left stepping back on Right.

Stomp, Hold, & Walk, Walk, Brush, Step, Brush, Step.

- 1-2** Stomp Left behind Right, Hold.
- &3-4** Step Right next to left, walk forward Left-Right.

5-6 Brush Left forward, step Left forward & slightly across Right.

7-8 Brush Right forward, step Right forward & slightly across Left.

Step, 1/2 Pivot, Step, 1/2 Turn, 1/4, Rock, Recover, Side.

1-2 Step forward on Left, pivot 1/2 turn to Right.

3-4 Step forward on Left, make 1/2 turn to Left stepping back on Right.

5-6 1/4 turn to Left stepping Left to left side, cross rock Right over Left

7-8 Recover on Left, step Right to Right side. **R**

Cross, Side, Sailor 1/4, Step, 1/2, 1/2, 1/4 Point.

1-2 Cross step Left over Right, step Right to Right side.

3&4 Make 1/4 turn to Left stepping Left behind Right, step Right next to left, step forward on Left.

5-6 Step forward on Right, make 1/2 turn to Right stepping back on Left.

7-8 1/2 turn to Right stepping forward on Right. 1/4 turn to Right pointing Left to left side.

& Point, Hold, & Point, Hold, & Rock Step, Coaster Step.

&1-2 Step Left next to Right, point Right to Right side, Hold.

&3-4 Step Right next to Left, point Left to Left side, Hold.

&5-6 Step Left next to Right, rock forward on Right, recover on Left.

7&8 Step back on Right, step Left next to Right, step forward on Right.

****R** Restart: Wall 2 & Wall 5**

Dance up to & including Count 8 in Section 6.. (Count 48)

Then Restart dance from beginning... (Count 1)

Ending: Dance ends facing back wall at end of Wall 6.. Right foot is forward. Pivot 1/2 turn Left

to face front as you push both hands up above your head.