

# Heart Break

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**Count:** 48      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Judy Rodgers (USA) July 2017

**Music:** Heart Break by Lady Antebellum

**Intro: 16 counts - (note: sequence is 32, 48, 16, 48, 16, 48, 24.....dance Restarts on chorus each time)**

**S1: Side rock recover, side behind side, rock recover, turn ¼ R shuffle**

- 1-2&      Step R large step to right side, rock L back, recover R
- 3-4&      Step L large step to left side, step R behind L, step L to left side
- 5-6      Cross/rock R over L, recover L
- 7&8      Turn 1/4 right shuffle fwd R L R 3:00

**S2: Side behind side, cross turn 1/4 R, rumba box fwd R & L**

- 1-2&      Step L to left side, step R behind L, step L to left side
- 3-4      Cross R over L, turn 1/4 right step L back 6:00
- 5&6      Step R to right side, step L beside R, step R fwd
- 7&8      Step L to left side, step R beside L, step L fwd

**\*\* Restart here on Walls 3 and 5**

**S3: Cross/rock side, cross/rock turn 1/4 L, walk, walk, mambo turn 1/2 R**

- 1-2&      Cross rock R over L, recover L, step R to right side
- 3-4&      Cross rock L over R, recover R, turn ¼ left step L fwd 3:00
- 5-6      Walk R, walk L
- 7-8      Rock R fwd, recover L, turn 1/2 right step R fwd 9:00

**S4: Sway sway, sailor turn 1/4 L, step, turn 1/2 R, turn 1/2 R, step**

- 1-2      Sway L, sway R
- 3&4      Turn 1/4 left sweep L from front behind R, step R to right side, step L to left side 6:00
- 5-8      Step R fwd, turn 1/2 right step L back, turn 1/2 right step R fwd, step L fwd

**\*\* Restart here on Wall 1**

### **S5: Side rock recover, coaster turn 1/4 R, step rock recover, back sweep, back sweep**

- 1-2&** Step R large step to right side, rock L back, recover R
- 3-4&** Step L large step to left side, turn ¼ right step R beside L, step L slightly forward 9:00
- 5-6&** Step R forward, rock forward L, recover R
- 7-8** Walk back L sweep R, walk back R sweep L

### **S6: Coaster step, full turn shuffle, rock recover, run run run**

- 1&2** Step L back, step R beside L, step L fwd
- 3&4** Full turn shuffle left R, L, R 9:00
- 5-6** Rock L fwd, recover R
- 7&8** Run back L R L

#### **\*\*\*3 Restarts:**

**Wall 1: dance 32 counts and restart from beginning, facing 6:00 (wall 2 starts 6:00 ends 3:00)**

**Wall 3: dance 16 counts and restart from beginning, facing 9:00 (wall 4 starts 9:00 ends 6:00)**

**Wall 5: dance 16 counts and restart from beginning, facing 12:00 (wall 6 starts 12:00 ends 9:00)**

**Ending: Wall 7 - dance 24 cnts - add (step L fwd, pivot 1/2 right, step L fwd) - facing front... smile!!)**

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