

# If You're Lonely

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Iliane Raiza van der Graaf (April 2015)

**Music:** If You're Lonely Too - Jon Wolfe. (CD: Natural Man) 100 bpm

**Intro: 16 counts**

**WALK BACK X2, COASTER STEP, SAMBA STEP, CROSS, ¼ TURN RIGHT, STEP BACK, ¼ TURN RIGHT, SIDE STEP**

**1**step back on right

**2**step back on left

**3**step back on right

**&**step left next to right

**4**step forward on right

**5**cross left in front of right

**&**rock right to the right side

**6**recover onto left

**7**cross right in front of left

**&**make ¼ turn right, step back on left

**8**make ¼ turn right, step right to the right side [6:00]

**CROSS, SIDE STEP, SAILOR STEP, ROCK FORWARD, RECOVER, ½ SHUFFLE TURN RIGHT**

**9**cross left over right

**10**step right to the right side

**11**step left behind right

**&**step right to the right side

**12step left to the left side [6:00]**

**13rock forward on right**

**14recover onto left**

**15make  $\frac{1}{4}$  turn right, step right to the right side**

**&step left next to right**

**16make  $\frac{1}{4}$  turn right, step forward on right [12:00]**

**STEP FORWARD, TAP BEHIND &, HEEL FORWARD & STEP FORWARD, STEP FORWARD,  
PIVOT  $\frac{1}{2}$  TURN RIGHT, FULL TURN RIGHT FORWARD (3-STEP TURN)**

**17step forward on left**

**18tap right behind left**

**&step back on right**

**19touch left heel forward**

**&step left next to right**

**20step forward on right**

**21step forward on left**

**22pivot  $\frac{1}{2}$  turn right [6:00]**

**23make  $\frac{1}{2}$  turn right, step back on left**

**&make  $\frac{1}{2}$  turn right, step forward on right**

**24step forward on left [6:00]**

**ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, TRIPLE  $\frac{3}{4}$   
TURN LEFT**

**25rock forward on right**

**26recover onto left**

**27step back on right**

**&step left next to right**

**28step forward on right [6:00]**

**29rock forward on left**

**30recover onto right**

**31make  $\frac{1}{4}$  turn left, step left to the left side**

**&make  $\frac{1}{4}$  turn left, step right next to left**

**32make  $\frac{1}{4}$  turn left, step left in place [9:00]**

**Note: This dance has several easy adjustments.**

**TAG: At the end of wall 3 add the following 8 counts, than start again.**

**WALK BACK X2, COASTER STEP, STEP FORWARD, PIVOT  $\frac{1}{2}$  TURN RIGHT, COASTER STEP FORWARD**

**1step back on right**

**2step back on left**

**3step back on right**

**&step left next to right**

**4step forward on right**

**5step forward on left**

**6pivot  $\frac{1}{2}$  turn right**

**7step forward on left**

**&step right next to left**

**8step back on left**

**RESTART: Dance wall 5 until counts 27& and change count 28 in: TOUCH**

**28touch right next to left - Then start again.**

**FINISH: Dance wall 10 until count 20, you will end facing 12:00 o'clock.**

**DANCESEQUENCE: 32, 32, 32, TAG, 32, 28, 32, 32, 32, 20**

**Contact: [www.tennesseelinedancers.com](http://www.tennesseelinedancers.com)**

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