

Dancing Horse (Il Ballo del Cavallo)

LINEDANCE.COM

Count: 32 **Wall:** 1 **Level:** Beginner

Choreographer: Russell Breslauer . (USA) June 11

Music: Il Ballo del Cavallo by Alberto Selly or by Sabrina Musiani

STEPS LEFT SLIDES RIGHT

- 1 - 4** Turning body left (9:00) and moving left step (LRL then lift R) while arms make riding motion.
- 5 - 8** Turning body front (12:00) and moving right step R to right side and slide L next to right, step R to right side and slide and lift (hitch) L next to right while right arm is raised making a lasso motion

FORWARD AND BACK

- 1 - 4** Step forward (LRL) then lift (and paw like a horse) R while arms are throwing the lasso.
- 5 - 8** Step back (RLR) then lift (and paw like a horse) L while arms are taking up the lasso.

TURNING VINES TO THE LEFT THEN TO THE RIGHT

- 1 - 4** Step L turning $\frac{1}{2}$ then R turning $\frac{1}{4}$ then L turning $\frac{1}{4}$ all counterclockwise lift R
- 5 - 8** Step R turning $\frac{1}{2}$ then L turning $\frac{1}{4}$ then R turning $\frac{1}{4}$ all clockwise lift left

ROLL HIPS TO THE RIGHT THEN BEND AND STRAIGHTEN KNEES TWICE

- 1 - 4** Staying in place, roll your hips to the right (clockwise) for 4 counts
- 5 - 8** Bend and straighten knees twice while arms make a riding motion.

REPEAT

Contact: BreslauerDanceSF@yahoo.com