

# Follow My Lead

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**Count:** 32      **Wall:** 2      **Level:** Improver

**Choreographer:** Judy Rodgers - February 2018

**Music:** Shape of You by Ed Sheeran

## #16 count intro (No Tags Or Restarts)

### S1: Kick & point & step heel twists, coaster step, rock recover

- 1&2**      Kick R fwd, step on ball of R, point L to left side
- &3&4**      Step L beside R, step R fwd, twist both heels to right, twist both heels back to center
- 5&6**      Step R back, step L beside R, step R fwd
- 7-8**      Rock L fwd, recover R

### S2: Turn 1/4 L step, behind, side, cross, hold, side, behind, hold, side cross rock together

- 1-2&**      Turn 1/4 left step L to left side, step R behind L, step L to left - 9:00
- 3-4**      Cross R over L, hold
- &5-6**      Step L to left, step R behind L, hold
- &7&8**      Step L to left, cross/rock R over L, recover L, step R beside L

### S3: Step lock & step lock, rock recover, turn 1/2 L shuffle

- 1-2&**      Step L fwd left diagonal, lock R behind L, step L fwd
- 3-4&**      Step R fwd right diagonal, lock L behind R, step R fwd
- 5-6**      Rock L fwd, recover R
- 7&8**      Turn 1/2 left shuffle L R L 3:00

### S4: Side, behind, turn 1/4 R, step, touch, coaster step, run run run

- 1-2&step R to right side, step L behind R, turn 1/4 right step R fwd - 6:00**
- 3-4**      Step L fwd, touch R beside L
- 5&6**      Step R back, step L beside R, step R fwd
- 7&8**      Run L R L (bend knees as you start to run...have knees straight by count 8)