

Cradle

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Marie Sørensen (Sunshine Cowgirl) & Søren Kristensen - Denmark - Sept 2011

Music: "Cradle" by Atomic Kitten

Intro: 16 Counts

Nightclub Basic Right, Vine with Cross, Nightclub Basic Left, Vine with Cross

- 1-2&** Step Right to Right, Close Left behind Right, Cross Right over Left
- 3&4&** Step Left to Left, Step Right behind Left, Step Left to Left, Cross Right over Left
- 5-6&** Step Left to Left, Close Right behind Left, Cross Left over Right
- 7&8&** Step Right to Right, Step Left behind Right, Step Right to Right, Cross Left over Right
(12:00)

Rock, Recover, ¼ Turn Right, Cross Rock, Recover, Side, Cross, Lock Step, Rock, Recover, Step Back Right, Left

- 1-2&** Rock fwd. Right, recover, ¼ turn Right, step Right to Right side (03:00)
- 3&4&** Cross rock Left, recover, step Left to Left side, step Right diagonal fwd. in front of Left
(01:30)
- 5&6** Step Left diagonal fwd. step Right beside Left, step Left diagonal fwd.
- 7&8&** Rock, fwd. Right, recover, step back Right, step back Left (01:30)

1/8 turn Nightclub Basic, ¼ turn Left, Step ½ Turn Step Right, Rock Left fwd, Recover, Together, Lock step Right fwd.

1-2&1/8 turn Right into a basic nightclub step, Close Left behind Right, Cross Right over Left (3:00)

3&4&¼ turn Left stepping Left fwd (12:00), Step Right fwd, ½ Left stepping onto Left, Step Right fwd (6:00)

- 5-6&** Rock Left Fwd, Recover onto Right, Step Left beside Right
- 7&8** Step Right Fwd, Lock Left behind Right, Step Right Fwd. (06:00)

Cross Rock, Recover, Side, Cross Rock, Recover, ¼ Turn Right, Sway Left, Right, Left, Run, Run

- 1-2&** Cross rock Left in front of Right, recover, step Left to Left side (06:00)
- 3-4&** Rock fwd. Right, recover, ¼ turn Right, step Right to Right side (09:00)
- 5-6-7** Sway Left, Right, Left
- 8&** Run fwd. Right, Left (09:00)

Restarts: During walls 2 & 5 & 8 after 16 Counts.

No. 1 - Wall 2 starts at 09:00, after 16 Counts adjust to 09:00 again and restart the dance

No. 2 - Wall 5 starts at 03:00, after 16 Counts adjust to 03:00 again and restart the dance

No. 3 - Wall 8 starts at 09:00, after 16 Counts adjust to 09:00 - Sway Right, Left:- and restart the dance from the beginning after 18 Counts

Have Fun!