

Black and White

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Count: 32 **Wall:** 4 **Level:** Advanced Beginner

Choreographer: William Sevone (March 2011)

Music: "Black And White" by G.Na (single / Black & White album) 134bpm

Choreographers note:- K-Pop (Korean pop music) dance with two easy Tags to keep within the dance level .

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on count 17 with the heavy beat one count AFTER the start of the vocals - feet apart and weight on left.

Hip Bumps and Hooks (12:00)

(feet slightly apart with hands on hips)

- 1 - 2 Bump hips to left. Bump hips to right.
- 3 - 4 Bump hips to left. weight on right - Hook left foot behind right leg.
- 5 - 6 Step left to left side - bumping hips left. Bump hips right.
- 7 - 8 Bump hips to left. weight on right - Hook left foot behind right leg.

2x Slow 'Scissor'. Side Rock. Recover (12:00)

- 9 - 10 Step left to left side. Step right next to left.
- 11 - 12 Cross left over right. Step right to right side.
- 13 - 14 Step left next to right. Cross right over left.
- 15 - 16 Step/rock left to left side. Recover onto right.

3x Fwd Tap-Back. Back Rock with Dip. Recover (12:00)

- 17 - 18 Tap left toe in front of right. Step backward onto left.
- 19 - 20 Tap right toe in front of left. Step backward onto right.
- 21 - 22 Tap left toe in front of right. Step backward onto left.
- 23 - 24 Turn upper body to right & rock backward onto right. Turn upper body fwd & recover onto left (12).

Dance note: Count 23 - dip right shoulder with rock.

3x Hitch-Diagonal. 3/4 Side Rock. Recover (3:00)

- 25 - 26 Hitch right knee. Step right diagonally forward left.
- 27 - 28 Hitch left knee. Step left diagonally forward right.
- 29 - 30 Hitch right knee. Step right diagonally forward left.
- 31 - 32 Turn $\frac{3}{4}$ left & rock left to left side. Recover onto right (prepare to shift weight to left)

TAG: After Wall 5 and Wall 9 (after Chorus) - facing the 3:00 wall.

16 Count Full On-The-Spot Turn.

- 1 - 2 Tap left next to right. Step left to left side.
- 3 - 4 Turn $\frac{1}{8}$ th left & tap right next to left. Turn $\frac{1}{8}$ th left & step right to right side (12)
- 5 - 6 Tap left next to right. Step left to left side.
- 7 - 8 Turn $\frac{1}{8}$ th left & tap right next to left. Turn $\frac{1}{8}$ th left & step right to right side (9).
- 9 - 10 Tap left next to right. Step left to left side.
- 11 - 12 Turn $\frac{1}{8}$ th left & tap right next to left. Turn $\frac{1}{8}$ th left & step right to right side (6).
- 13 - 14 Tap left next to right. Step left to left side.
- 15 - 16 Turn $\frac{1}{8}$ th left & tap right next to left. Turn $\frac{1}{8}$ th left & step right to right side (3).

Styling note: On 'taps' turn foot slightly inward - on all, use hips

DANCE FINISH: On 13th Wall count 26 facing 'Home' (12:00)

Replace counts 25-26 with the following:

- 25 - 26 Bending knees and extending right to right side. Hold.