

# Breakthrough

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Rob Fowler

**Music:** Breakthrough by Adam Hicks. Album: Lemonade Mouth

## Country Music: Life Is A Highway by Rascal Flatts

**Intro: Dancing Breakthrough by Rascal Flatts ('life is a highway) Start on vocals**

**Intro: Dancing Breakthrough by Adam Hicks. Start on vocal word 'UP'**

## Kick & Knees & Hitch & Heel, Step $\frac{3}{4}$ turn touch behind

**1&2&, Kick right forward, step right together, Bend both knees out (plea), knees together**

**3&4 Right hitch, Step right next to left, Touch left heel forward**

**&5,6 Step left next to right, step forward onto right,  $\frac{1}{2}$  pivot turning left**

**7,8 $\frac{1}{4}$  turn left stepping right to right side, touch left behind right, click fingers**

## Syncopated Weave with a $\frac{1}{2}$ turn, Sweep, Cross $\frac{1}{4}$ Coaster

**1,2, Step left to left side, step right behind left**

**&3&4 $\frac{1}{4}$  turn to left onto left foot,  $\frac{1}{4}$  turn left stepping right to right side, step left next to right, sweep right in front of left (no weight)**

**5,6 Cross right foot over left, step left to left side,**

**7&8, Right sailor step  $\frac{1}{4}$  turn**

## Knee roll $\frac{1}{2}$ turn, Coaster step, Switch left & Right, Right heel jack

**1&2 Step forward onto left, roll right knee around half a turn to the right, push back into left heel**

**3&4 Right coaster step**

**5&6 Touch left to left side, step left next to right, touch right to right side**

**7&8& Cross right over left, step left to left side, touch right heel to right diagonal, step right next to left**

## Cross side sailor $\frac{1}{4}$ turn, x2 $\frac{1}{2}$ turns, walk walk

**1,2 Cross left over right, step right to right side**

**3&4 Left sailor step  $\frac{1}{4}$  turn**

**5,6<sup>1/2</sup> turn left stepping back onto right, 1/2 turn left stepping forward onto left**

**7,8** Walk left, walk right

**End Of Dance**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=83132](https://www.linedance.com/index.php?f=dance_view&id=83132)