

Strip It Down

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Count: 32

Wall: 2

Level: Easy Intermediate

Choreographer: Iliane Raiza van der Graaf - Sept 2015

Music: Strip It Down - Luke Bryan (CD: Kill The Lights) BPM : 72 (Night Club Two Step)

Intro: 16 counts

BASIC, 1/8 TURN RIGHT SIDE STEP, CROSS, SIDE STEP, CROSS, 7/8 TURN RIGHT, CROSS, SCISSOR STEP

1(S) large step left to the left side

2(Q) close right behind left

&(Q) cross left over right

3(S) make 1/8 turn right, step right to the right side [1.30]

4(Q) cross left over right

&(Q) step right to the right side

5(S) cross left over right

6(S) make 7/8 turn right, weight on left

7(S) cross right over left

8(Q) step left to the left side

&(Q) close right behind left

9(S) cross left over right

1/8 TURN RIGHT, MAMBO STEP FORWARD. 1/4 TURN LEFT SIDE STEP, CROSS, 1/4 TURN LEFT STEP FORWARD WITH RIGHT SWEEP 1/8 TURN LEFT, CROSS, DIAGONAL STEP BACK, DIAGONAL STEP BACK, CROSS, DIAGONAL STEP BACK, DIAGONAL STEP BACK

10(Q) 1/8 turn right, rock forward on right [1.30]

&(Q) recover onto left

11(S) step back on right

12(Q) make $\frac{1}{4}$ turn left, step left to the left side [10.30]

&(Q) cross right over left

13(S) make $\frac{1}{4}$ turn left, step forward on left [4.30], make $\frac{1}{8}$ turn left sweep right from back to front [6.00]

14(Q) cross right over left

&(Q) step diagonal back on left

15(S) step diagonal back on right

16(Q) cross left over right

&(Q) step diagonal back on right

17(S) step diagonal back on left

SIDE STEP SWAY HIPS RIGHT, SWAY HIPS LEFT, BASIC, SIDE STEP WITH $\frac{3}{4}$ SPIRAL TURN RIGHT, STEP FORWARD RIGHT, STEP FORWARD LEFT, RIGHT LUNGE FORWARD, RECOVER, TOGHETER, STEP FORWARD

18(Q) step right to the right side, sway hips right

&(Q) sway hips left

19(S) step right to the right side

20(Q) close left behind right

&(Q) cross right over left

21(S) step left to the left side, make $\frac{3}{4}$ spiral turn right [3.00]

22(Q) step forward on right

&(Q) step forward on left

23(S) lunge forward on right

24(Q) recover onto left

&(Q) step right next to left

25(S) step forward on left

$\frac{3}{4}$ TURN RIGHT, CROSS, SCISSOR STEP, $\frac{1}{4}$ TURN LEFT STEP BACK, $\frac{1}{4}$ TURN LEFT SIDE STEP, CROSS, SIDE STEP, CROSS

26(S) $\frac{3}{4}$ turn right, weight on left [12.00]

27(S) cross right over left

28(Q) step left to the left side

&(Q) close right behind left

29(S) cross left over right

30(Q) $\frac{1}{4}$ turn left, step back on right [9.00]

&(Q) $\frac{1}{4}$ turn left, step left to the left side [6.00]

31(S) cross right over left

32(Q) step left to the left side

&(Q) cross right over left

RESTART: Dance in wall 6 the first 16& counts, then start from the beginning.

INFORMATION:

S = slow

Q = quick

Contact: www.tennesseeinedancers.com - tennesseeld@gmail.com