

WHEN YOU GET TORE UP

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Roy Verdonk

Music: All Jacked Up by Gretchen Wilson

FORWARD, TOE STRUTS RIGHT FOOT - LEFT FOOT WITH ROCKING CHAIR, TWICE

- 1&2&** Touch right toe forward, step onto right heel, touch left toe forward, step onto left heel
- 3&4&** Rock forward, on right foot recover onto left foot, rock back on right foot recover onto left foot
- 5-8&** Repeat 1-4&

STEP FORWARD PIVOT ½ TURN LEFT, 2 WALKS FORWARD, SIDE ROCK & CROSS TWICE

- 1-2** Step forward on right foot, pivot ½ turn left
- 3-4** Walk forward right foot, left foot
- 5&6** Rock right foot to right, recover onto left foot, cross right foot over left foot
- 7&8** Rock left foot to left, recover onto right foot, cross left foot over right foot

CHASSE RIGHT WITH SWAYS, CHASSE LEFT WITH SWAYS

- 1&2** Step right foot to right, close left foot to right foot, step right foot to right
- 3-4** Sway hips left, right
- 5&6** Step left foot to left, close right foot to left foot, step left foot to left
- 7-8** Sway hips right, left

STRUTTING JAZZ BOX (WIDE) WITH ¼ TURN RIGHT, OUT OUT HOLD, IN IN HOLD

- 1&2&** Touch right toe over left foot, step onto right heel, touch left toe back, step onto left heel
- 3&4** Making a ¼ turn right touch right toe forward, step onto right heel, left foot step next to right foot
- &5-6** Jump slightly forward right foot, left foot (feet apart), hold
- &7-8** Jump back into place right foot, left foot (feet together), hold

REPEAT

Fade out at 2:38