

Sweet Thing

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Advanced Beginner

Choreographer: William Sevone. March 31st 2004

Music: "My man, a sweet man" (144 bpm)...Millie Jackson ("Greatest Hits"/many compilations)

Choreographers note:- Still as fresh today as it was in 1972.. and still very much available.

Ideally suited for Advanced Beginners within the New Levels.

A varied array of alternate music is available at the bottom of the dance sheet

A general note: A Push Step is similar to a Rock Step - except that the dancer is leaning 'backward'.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the vocals. with feet together and weight on the left foot.

2x Soft Shoe Shuffle. Walk Fwd: R-L. Push Step (12:00)

1&2 (on the spot) Step right slightly across & in front of left, step left back slightly, slide right back to left toe.

3&4 (on the spot) Step left slightly across & in front of right, step right back slightly. slide left back to right toe.

5 - 6 Walk forward: Right. Left.

7 - 8 (leaning backward) Step forward onto right foot. Step onto left foot.

1/4 Right Chasse. 1/2 Right Chasse. 1/4 Right Bwd Push Step. Cross. Bwd (12:00)

9& 10 Turn ¼ right & Chasse right (RL-R) (3)

11& 12 Turn ½ right & Chasse left (LR-L) (9)

13 - 14 Turn ¼ right & step backward onto right foot. Step onto left foot.

15 - 16 Cross step right foot over left. Step backward onto left foot.

2x Shuffle. Push Step. Side Rock. Rock (12:00)

17& 18 Shuffle forward (RL-R)

19& 20 Shuffle forward (LR-L)

21 - 22 (leaning backward) Step forward onto right foot. Step onto left foot.

23 - 24 Rock step right foot to right side. Rock onto left foot.

3x Sailor. Behind. Unwind 3/4 Left (3:00)

(the following Sailors are moving backward)

25& 26 Cross step right foot behind left, step left foot to left side, step right foot slightly backward.

27& 28 Cross step left foot behind right, step right foot to right side, step left foot slightly backward.

29& 30 Cross step right foot behind left, step left foot to left side, step right foot slightly backward.

31 - 32 Cross step left foot behind right. Unwind $\frac{3}{4}$ left (weight on left foot).

Option for section 4: counts 25 to 30

25& 26 (short steps) Shuffle backward (RL-R)

27& 28 (short steps) Shuffle backward (LR-L)

29& 30 (short steps) Shuffle backward (RL-R)

Other suggested music:

Perry Como - Magic moments (102 bpm)

Lee Ann Womack - You've got to talk to me (110 bpm)

Damon Shawn - Feel the need in me (124 bpm)

Frank Wilson or

Chris Clarke - Do I love you (deed I do) (132 bpm)

Trammps - Zing went the strings of my heart (132 bpm)

Kentucky Headhunters - Singing the blues (136 bpm)

Frankie Valli - You're ready now (138 bpm)

Jimmy James - A man like me (138 bpm)

Ramsey Lewis Trio - Wade in the water (138 bpm)

Donnie Elbert - I can't help myself (140 bpm) - Highly recommended

Kentucky Headhunters - Party Zone (144 bpm)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=77514