

SHERO

LINEDANCE.COM

Count: 40 **Wall:** — **Level:** —

Choreographer: Lois Lightfoot

Music: Shero by The Bellamy Brothers

Position: Side by side position

ROCK SHUFFLE $\frac{1}{2}$ TURN, ROCK SHUFFLE $\frac{1}{4}$ TURN

- 1-2 Rock forward onto right foot, rock back onto left foot
- 3&4 Make $\frac{1}{2}$ turn to right stepping right, left, right
- 5-6 Rock forward onto left, rock back onto right
- 7&8 Make $\frac{1}{4}$ turn to left stepping, left, right, left

CROSS ROCK, SHUFFLE, CROSS ROCK, SHUFFLE $\frac{1}{4}$ TURN

- 1-2 Cross rock right over left, rock back onto left
- 3&4 Shuffle in place, right, left, right
- 5-6 Cross rock left over right, rock back onto left
- 7&8 Make $\frac{1}{4}$ turn to left stepping left, right, left

TURN SLIDE SHUFFLE $\frac{1}{4}$ TURN, TURN SLIDE SHUFFLE $\frac{1}{4}$ TURN

- 1-2 Step right forward make $\frac{1}{4}$ turn to left, slide left up to right
- 3&4 Shuffle making a $\frac{1}{4}$ turn to right step right, left, right
- 5-6 Step left forward make $\frac{1}{4}$ turn to right, slide right to left
- 7&8 Shuffle making a $\frac{1}{4}$ turn to left, step left, right, left

ROCK FORWARD BACK SHUFFLE ROCK BACK FORWARD SHUFFLE

- 1-2 Rock forward onto right, rock back onto left
- 3&4 Shuffle back stepping right, left, right
- 5-6 Rock back onto left, rock forward onto right
- 7&8 Shuffle forward stepping left, right, left

TURN SLIDE SHUFFLE $\frac{1}{4}$ TURN, TURN SLIDE SHUFFLE $\frac{1}{4}$ TURN

- 1-2 Step forward right make $\frac{1}{4}$ turn left, slide left up to right

- 3&4** Shuffle making a $\frac{1}{4}$ turn to right step right, left, right
- 5-6** Step forward left make a $\frac{1}{4}$ turn to right. Slide right up to left
- 7&8** Shuffle making a $\frac{1}{4}$ turn to left step left, right, left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=38141