

RED HOT ROCK N ROLLER

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Count: 64

Wall: 2

Level: Beginner/Intermediate level

Choreographer: Gaye Teather (UK) July 06

Music: Red Hot Rock 'n' Roller by Dave Sheriff, CD: Overworked and Underpaid (171 bpm)

Intro: 32 counts from start of main beat & begin dance on vocals

Kick ball cross. Side. Heel taps

- 1 & 2** Kick Right foot forward. Step Right beside Left
- 3 & 4** Cross Left over Right. Step Right to Right side
- 5 & 8** Touch Left toe forward on a Left diagonal. Tap Left heel to floor 3 times

(weight remains on Right)

Style note: During steps 5 & 8 angle body to Left diagonal and lean slightly back

Extended weave Left. Touch

- 1 & 4** Step Left to Left. Cross Right behind Left. Step Left to Left. Cross Right over Left
- 5 & 8** Step Left to Left. Cross Right behind Left. Step Left to Left. Touch Right beside Left

Quarter Monterey turn. Quarter Monterey turn. Hitch

- 1 & 2** Point Right toe to Right side. Quarter turn Right stepping Right beside Left (Facing 3 o'clock)
- 3 & 4** Touch Left toe to Left. Step Left beside Right
- 5 & 6** Point Right toe to Right side. Quarter turn Right stepping Right beside Left (Facing 6 o'clock)
- 7 & 8** Touch Left toe to Left side. Hitch Left knee

Left coaster step. Hold. Walk forward Right. Left. Right. Hold

- 1 & 4** Step back on Left. Step Right beside Left. Step forward on Left. Hold
- 5 & 8** Walk forward Right. Left. Right. Hold

Toe struts back. Side rock. Together. Hold

- 1 & 4** Step Left toe back. Lower Left heel. Step Right toe back. Lower Right heel
- 5 & 8** Rock Left to Left side. Recover onto Right. Stomp Left beside Right. Hold

Style option: Click fingers during toe struts back

Toe struts back. Side rock. Together. Hold

1 & 4 Step Right toe back. Lower Right heel. Step Left toe back. Lower Left heel

5 & 8 Rock Right to Right side. Recover onto Left. Stomp Right beside Left. Hold

Style option: Click fingers during toe struts back

Rumba box

1 & 4 Step Left to Left side. Step Right beside Left. Step forward on Left. Hold

5 & 8 Step Right to Right side. Step Left beside Right. Step back on Right. Hold

Out. Out. In. In. Heel bounce x 4

1 & 4 Step Left to Left. Step Right to Right. Step Left back to centre. Step Right back to centre

5 & 8 With feet together bounce heels 4 times

Style option: For a fun (and more energetic) option, jump 4 times on the spot during steps 5 & 8

Tag: There is an 8 count tag at the end of wall 6 (Facing 12 o'clock) Simply repeat the last section,(Out. Out. In. In. Heel bounces) and start again from the beginning.