

SIX PACK SUMMER

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Count: 32

Wall: 4

Level: intermediate

Choreographer: Dan Albro & Mike Camara

Music: Six Pack Summer by Phil Vassar

TOE, HEEL & HEEL & HEEL & ROCK, ½ TURN, SHUFFLE

- 1-2** Sugarfoot move touching right toe towards left toe, fanning right toe out touch right heel
- &3&4** Quick heel switches stepping right in place, touch left heel out, step left next to right, touch right heel out
- &5-6-7&8** Step right next to left, rock forward on left, step back on right, doing a ½ turn left, shuffle forward left, right, left

CROSS ½ TURN, BEHIND AND OVER, STEP SLIDE, KICK BALL CROSS

- 1-2** Cross right over left, unwind ½ turn left (weight on left)
- 3&4** Cross right behind left, step side left, cross right over left
- 5-6** Take a large side step left, slide right toe next to left (just touch - optional hand clap)
- 7&8** Kick right forward, step back on right, cross left over right

3 HIPS, SAILOR SHUFFLE, CROSS BEHIND FULL TURN, SIDE SHUFFLE

- 1&2** Side step right & bump hips right, left, right (add shoulders & arms for fun)
- 3&4** Sailor shuffle crossing left behind right, step side right, step forward left
- 5-6** Cross right toe behind left & start full turn right, finish turn stepping slightly forward on right
- 7&8** Step side left, step right next to left, step side left

HEEL & TOE, ¼ TURN HEEL BALL STEP, STEP ½ TURN RIGHT, SHUFFLE

- 1&2** Touch right heel forward, quickly step right next to left, touch left toe back,
- 3&4** Turn ¼ left touching left heel forward, quickly step back on ball of left, step forward on right
- 5-6-7&8** Step forward left, pivot ½ turn right stepping forward right, shuffle forward stepping left, right, left

REPEAT