

# WIGGLE DE BEAT

LINEDANCE.COM

**Count:** —

**Wall:** 4

**Level:** intermediate/advanced

**Choreographer:** Kate Sala

**Music:** Asereje (The Ketchup Song) by Las Ketchup

**Sequence:** A, A, A (1-16), B, C, B, Tag, C, A, A (1-8), B, C, B, C, B, C, B, C

**A always faces front wall. B always faces front and back. C always faces side walls**

## PART A

### LEFT MAMBO FORWARD, RIGHT MAMBO BACK

- 1-4 Rock forward on left, rock back on right, small step back on left, hold
- 5-6 Rock back on right, rock forward on left
- 7-8 Small step forward on right, (when followed by B, touch right next to left,) hold

### CROSS, BACK, BACK, CROSS, LEFT SIDE MAMBO

- 1-3 Cross step left over right, step right back to right diagonal, step left back to left diagonal
- 4-6 Cross step right over left, rock left to left side, rock onto right in place
- 7-8 Touch left next to right, (when followed by part b, step left next to right), hold

### STOMP, MAMBO FULL TURN LEFT, HOLD

- 1-2 Stomp left over right, step ball of right in place
- 3-4 Turn left stepping on left, step ball of right behind left
- 5-6 Turn left stepping on left, step ball of right behind left
- 7-8 Turn left stepping left in place facing front wall, hold

**The above section completes 1 full turn left**

### STOMP, MAMBO FULL TURN RIGHT, HOLD

- 1-8 Repeat the above 8 counts on the opposite foot turning right

## PART B

### KICK, CROSS, BACK STEP WITH KICK & KICK, CROSS, BACK STEP WITH KICK

- 1-2 Kick right forward, cross step right over left

- 3-4 Step back on left and at the same time kick right forward, step right in place
- 5-6 Kick left forward, cross step left over right
- 7-8 Step back on right and at the same time kick left forward, step left in place

### **SIDE KICK, STEP, CROSS BEHIND, ANKLE ROCK, SIDE TOGETHER, HOLD**

- 1-2 Kick right to right side, step right to right side
- 3 Cross step left behind right at the same time rock onto the out side of the right foot
- 4-5 Rock onto the out side of the left foot, rock onto the out side of the right foot
- 6-8 Small step right to right side, step left next to right, hold

### **SIDE STEP OUT, HOLD, SIDE STEP OUT, HOLD, TURN $\frac{3}{4}$ LEFT WITH 2 PADDLE TURNS**

- 1-4 Step right out to right side, hold, step left out to left side, hold
- 5-8 Step forward on right, paddle left, step forward on right, paddle left, completing  $\frac{3}{4}$  turn left

### **Use your hips for styling**

#### **TAG**

- 1-4 Step forward on right, pivot  $\frac{1}{2}$  turn left, step forward on right, pivot  $\frac{1}{2}$  turn left

#### **PART C**

### **WALK, HOLD, WALK, HOLD, FORWARD LOCK STEP, HOLD**

- 1-4 Step forward on right, hold, step forward on left, hold
- 5-8 Step forward on right, lock step left behind right, step forward on right, hold

### **RIGHT MAMBO CROSS ROCKS TWICE, HOLD**

- 1-4 Rock left over right, recover onto right, rock left to left side, recover onto right
- 5-8 Rock left over right, recover onto right, rock left to left side, hold

### **SAILOR $\frac{1}{2}$ TURN, $\frac{3}{4}$ TURN**

- 1-2 Cross step right behind left starting to turn right, complete  $\frac{1}{2}$  turn right stepping left in place
- 3-4 Step forward on right, hold
- 5-6 Turn  $\frac{1}{2}$  right stepping back on left, turn  $\frac{1}{4}$  right stepping right to right side,
- 7-8 Step left next to right, hold (when followed by a, touch left next to right)