

# The Storm Inside

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Ria Vos (NL) [www.dansenbijria.nl](http://www.dansenbijria.nl)

**Music:** "You Do Something To Me" Laura Michelle Kelly Album: The Storm Inside

## Intro: 32 counts

**R Step Fwd with L Sweep, Cross, Back, ¼ Turn L, Full Turn L, Cross Rock (Lunge) Rec., & Cross Unwind Full Turn R, Rock Back, Rec.**

- 1-2** Step Fwd on R Sweeping L from Back to Front, Cross L Over R
- &3** Step back on R, ¼ Turn L Step L to L Side (9:00)
- 4&** Turn ½ L Step R to Right Side, Turn ½ Left Step L to Left Side (9:00)
- 5-6** Lunge/Rock R Over L, Recover on L
- &7** Step R Slightly Back and to Right Side, Cross L over R Unwind Full Turn R Sweeping R Around
- 8&** Rock Back on R, Recover on L

## Side, Basic ¼ Turn R, Basic, Behind, Unwind ½ Turn L, Cross, Side Rock, Rec

- 1** Step R Long Step to Right Side
- 2&3** Rock Back on L, Recover on R, Turn ¼ Right Step L Long Step to Left Side (12:00)
- 4&5** Rock Back on R, Recover on L, Step R Long Step to Right Side
- 6-7** Lock L Behind R (Dip Down), Slowly Unwind ½ Turn Left Weight on L (Come Up Again) (6:00)
- 8&1** Cross R Over L, Rock L to Left Side, Recover on R

## Cross, ¼ Turn L Step Back, Sway L, Full Turn R Sway R, Sway L, Cross, ¼ Turn R, Together

- 2&3** Cross L over R, Turn ¼ Left Step Back on R, Step & Sway L to Left Side (3:00)
- 4&** Turn ¼ Right Recover on R, Turn ½ Right Step L Slightly Backwards
- 5-6** Turn ¼ Right Step & Sway R to Right Side, Sway L (3:00)
- 7&8** Cross R over L, Turn ¼ Right Step back on L, Step R next to L (Slightly Backwards) (6:00)

## Cross, ¼ Turn L Step Back, ¼ Turn L Step Side, Cross Rock Rec., Point, Monterey ½ Turn R, Side Rock, Rec, Step Fwd, Cross Rock, Rec. ¼ Turn R

- 1** Cross L Over R
- 2&** Turn  $\frac{1}{4}$  Left Step Back on R, Turn  $\frac{1}{4}$  Left Step L to Left Side (12:00)
- 3&4** Cross Rock R over L, Recover on L, Point R to Right Side\*\*\*Restart point on wall 6
- 5** Monterey  $\frac{1}{2}$  Turn Right Step R next to L (6:00)
- 6&7** Rock L to Left Side, Recover on R, Step Fwd on L Sweep R from Back to Front
- 8&** Cross Rock Fwd On R, Recover on L  $\frac{1}{4}$  Turn Right (9:00)

**Restart: On Wall 6 After Count 28 (9:00)**

**This occurs after the instrumental part.**

**On the instrumental part the beat is hard to hear, just keep dancing and counting ?**

**Ending: The beat will slow down on last 14 counts, dance until count 14 (Lock Behind) (3:00)**

**Slowly unwind 1  $\frac{1}{4}$  Turn Left to face Front (12:00)**