

# Way To Lonesome

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Pam Cassells (April 2013)

**Music:** A Real Good Way To Wind Up Lonesome - James House. Album: As Days Gone By (128 bpm)

**Start Position: Feet together - with weight on L foot.**

**Starts on vocals - 16 counts in from heavy beats. - Direction: Anti-clockwise**

**BACK, KICK, BACK, KICK, SLOW BACKWARD COASTER, HOLD.**

- 1,2      Step R back, kick L forward,  
3,4      Step L back, kick R forward,  
5,6,7,8      Slow coaster - step R back, step L beside R, step R forward, hold,

**SIDE STRUT, ROCK BACK, ROCK FWD, SIDE STRUT, ROCK BACK, ROCK FWD.**

- 1,2      Toe/heel strut - step L toe to L side, drop weight onto L heel,  
3,4      Step/rock R behind L, rock/replace weight forward on L,  
5,6      Toe/heel strut - step R toe to R side, drop weight onto R heel,  
7,8      Step/rock L behind R, rock/replace weight forward on R,

**L FWD, BACK TAP, R BACK, KICK, SLOW BACKWARD COASTER, HOLD.**

- 1,2      Step L forward, tap R toe behind L,  
3,4      Step R back, kick L forward,  
5,6,7,8      Slow coater - step L back, step R beside L, step L forward, hold,

**SLOW FWD COASTER, VINE L WITH 90° TURN L.**

- 1,2,3,4      Slow forward coaster - step R forward, step L beside R, step R back, hold,  
5,6,7,8      Vine L w/turn - step L to L side, step R behind L, turn 90 degrees L - step L forward, touch R beside L. (9:00 wall)

**Repeat Dance In New Direction**

**Tags: At the end of walls 6 and 9 there is a four (4) count Tag:**

- 1,2,3,4      Step/drag R to R side, touch L beside R, step/drag L to L side, touch R beside L.

**Finish: On wall 11 (back wall) - Dance to count 16 then add the following to face the front:**

**1,2** Step/rock L forward, rock/replace weight back on R,

**3,4** Turning 180 degrees L - step L forward, step R beside L.

**Dance sequence: 32, 32, 32, 32, 32, 32, 4, 32, 32, 32, 4, 32, 16 finish.**

**Pam Cassells - ph: 0429 640 510**