

# ROCK-N-ROMP

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**Count:** 32      **Wall:** 4      **Level:** —

**Choreographer:** Cindy Truelove

**Music:** Help Me Rhonda by Beach Boys & T. Graham Brown

- 1-2**      Step right forward, scuff left beside right
- 3-4**      Step left forward, scuff right beside left
- 5-6**      Step right forward, scuff left beside right
- 7-8**      Cross left over right, unwind  $\frac{1}{2}$  turn right(end weight on left)
  
- 9&10**     Shuffle forward stepping right-left-right
- 11-12**    Step left forward, pivot turn  $\frac{1}{2}$  right (end weight on right)
- 13&14**    Shuffle forward stepping left-right-left
- 15-16**    Rock forward on right, rock back on left in place
  
- 17-18**    Touch right toe slightly back, drop/step right heel to floor & snap fingers (both hands)
- 19-20**    Touch left toe in place, drop/step left heel to floor & snap fingers (both hands)
  
- 21-22**    Stomp right slightly forward leaving weight on left, hold & clap hands
- &23-24**    Quickly step back on right, step left beside right, step right forward
  
- 25-26**    Step left forward, turn  $\frac{1}{4}$  left and step right beside left
- 27-28**    Raise both heels and drop them to floor twice (ending with weight on right)
  
- 29-32**    Step left forward at 45 degrees and bump hips four times forward

**REPEAT**