

# Wrapped Up

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Simon Ward , Australia - Oct 2014

**Music:** Wrapped Up, by Olly Murs feat. Travie McCoy. Album: Never Been Better. (3:06min) iTunes

**Notes: Dance starts 32 counts from start of track, approx. 16sec.**

**Dance finishes on count 17-18 facing front.**

**[1-8] Walk R,L, R fwd ¼ pivot L cross/step R, ¼ turn R, ½ turn R, L shuffle**

**1-2** Walk forward right, left 12:00

**3&4** Step right forward, Pivot ¼ turn left taking weight onto left, Cross/step right over left 9:00

**5-6** Make ¼ turn right stepping left foot back 12:00, Make ½ turn right stepping right foot forward 6:00

**7&8** Step left slightly forward, Step right beside left, Step left slightly forward 6:00

**[9-16] R fwd, ¼ turn L touching L toe, ½ turn R touching R toe, R side, Cross L, ¼ L, ½ L**

**1-2** Step right forward, Make ¼ turn left & touch left toe to left side 3:00

**(toe pointing slightly out & roll shoulders for styling)**

**3-4** Make ¼ turn right stepping left back 6:00, Make a further ¼ turn right & touch right toe to right 9:00

**(toe pointing slightly out & roll shoulders for styling)**

**5-6** Step right to right side slightly, Cross/step left over right 9:00

**7-8** Make ¼ turn left stepping right back 6:00, Make a further ½ turn left stepping left forward 12:00

**[17-24] R fwd, Hip roll turning ½ L, Hips back, Hips fwd, R fwd, ½ turn R, Coaster/step cross**

**1-2** Step right forward (pushing hips slightly back to prepare for hip roll), Pivot ½ turn left rolling hips counter-clockwise keeping weight on right and pressing left toe slightly forward 6:00 (big sharp roll)

**3-4** Push hips back taking weight onto right, Push hips forward taking weight onto left 6:00

**5-6** Step right forward, Make  $\frac{1}{2}$  turn right stepping left back 12:00

**7&8** Step right back, Step left beside right , Cross/step right over left 12:00

**[25-32] Step L, Hold, R tog, Cross L,  $\frac{1}{4}$  turn R,  $\frac{1}{2}$  turn R toe heel strut w/ hips, Rock R back, L fwd**

**1-2** Take big step left, Hold sliding right towards left 12:00

**&3-4** Step right beside left, Cross/step left over right, Make  $\frac{1}{4}$  turn right stepping right forward 3:00

**5&6** Touch left toe forward as you bump hips forward, Start making  $\frac{1}{2}$  turn right as you bump hips back, Complete  $\frac{1}{2}$  turn right as you bump hips forward taking weight onto left 9:00

**(toe heel strut bumping hips forward and back making a  $\frac{1}{2}$  turn right)**

**7-8** Rock/step right back, Recover weight forward on left 9:00

### **RESTART**

**Notes: No where near as hard as it looks on paper, was actually going to put easy intermediate as the level but decided against it.**

**Really step the dance out, use loads of styling (funky) and don't be afraid to use those hips. Especially in the hip roll on counts 17-18 and the hips bumps. Have fun.**

**Contact: bellychops@hotmail.com**