

# You Bring Me Down

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**Count:** 96

**Wall:** 4

**Level:** Intermediate Waltz

**Choreographer:** Maggie Gallagher (November 2008)

**Music:** "You Bring me Down" by Leona Lewis

**Intro : 48 counts (15 sec) Start on Vocals (Total Song Duration 3m 54s) (CW Direction)**

## **S1: SWAY R, HOLDS, SWAY L, HOLDS, WEAVE LEFT, HOLDS**

- 1,2,3 Sway to the right, HOLD, HOLD (12.00)
- 4,5,6 Sway to the left, HOLD, HOLD
- 1,2,3 Cross right behind left, Step left to left side, Cross right over left
- 4,5,6 Step left to left side, HOLD, HOLD

## **S2: SWAY R, HOLDS, SWAY L, HOLDS, WEAVE LEFT, DRAG RIGHT**

- 1,2,3 Sway to the right, HOLD, HOLD
- 4,5,6 Sway to the left, HOLD, HOLD
- 1,2,3 Cross right behind left, Step left to left side, Cross right over left
- 4-5,6 Step left to left side, Drag right to meet left

## **S3: 1/4 RIGHT, LEFT HITCH WITH 3/4 TURN RIGHT, BACK LEFT, RIGHT KICK RONDE, RIGHT SAILOR, BACK LEFT, RIGHT RONDE**

- 1,2,3 Make 1/4 turn to right stepping forward on right, Hitch left knee whilst starting to make a 3/4 turn right, complete the turn ready to step back on the left (12.00)
- 4,5,6 Step back on the left, Ronde right with a slight sideways kick, Continue ronde bringing right behind left
- 1,2,3 Cross right behind left, Step left to left side, Step right to right side
- 4-5,6 Step back on left, Ronde sweep right behind left

## **S4: SAILOR RIGHT, BACK LEFT, RIGHT RONDE, BACK RIGHT, DRAG, BACK LEFT, DRAG**

- 1,2,3 Cross right behind left, Step left to left side, Step right to right side
- 4-5,6 Step back on left, Ronde sweep right behind left
- 1-2,3 Walk back on right, Drag left to meet right
- 4-5,6 Walk back on left, Drag right to meet left

### **S5: BACK RIGHT, HOLDS, FORWARD LEFT, HOLDS, FULL TURN LEFT, STEP, STEP, HOLDS**

**1,2,3** Step back on right leaning back and looking back , HOLD, HOLD

**4,5,6** Step forward on left, HOLD, HOLD

**1,2,3 1/2 turn left stepping back on right, 1/2 turn left stepping forward on left, Step forward on right**

**4,5,6** Step forward on left, HOLD, HOLD (12.00)

### **S6: 1/4 RIGHT SWAY, HOLDS, SWAY LEFT, HOLDS, RIGHT TWINKLE, LEFT CROSS, HOLDS**

**1,2,3 1/4 turn right swaying right, HOLD, HOLD (3.00)**

**4,5,6** Sway left, HOLD, HOLD

**1,2,3** Cross right over left, Step left to left side on a right diagonal, Step right beside left

**4,5,6** Cross left over right, HOLD, HOLD

### **S7: BACK RIGHT, DRAG, SIDE LEFT, DRAG, RIGHT TWINKLE, LEFT CROSS HOLDS**

**1-2,3** Step back on right, Drag left to meet right

**4-5,6** Step left to left side, Drag right to meet left

**1,2,3** Cross right over left, Step left to left side on a right diagonal, Step right beside left

**4,5,6** Cross left over right, HOLD, HOLD (3.00)

### **S8: 1/4 RIGHT, HOLDS, 1/2 RIGHT, HOLDS, 1/4 RIGHT SIDE ROCK, RECOVER, CROSS, WIDE SIDE LEFT, DRAG**

**1,2,3 1/4 turn right, HOLD, HOLD (6.00)**

**4,5,6** Make 1/2 turn to right stepping back on left, HOLD, HOLD (12.00)

**1,2,3 1/4 turn right rocking to right side, Recover onto left side, Cross right over left (3.00)**

**4-5,6** Step wide step to left side, Drag right to meet left (3.00)

**Repeat**