

Rocking Years

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Count: 24

Wall: 4

Level: Beginner - waltz

Choreographer: Pam Cassells (April 2013)

Music: Rocking Years - Sharon Benjamin & Reg Poole. Album: Re - Souled (84 bpm)

Start Position: Feet together - with weight on R foot.

Starts on vocals - 12 counts in. - Direction: Clock-wise

1,2,3 Lunge L across in front of R, rock/replace weight back on R, step L beside R,

4,5,6 Lunge R across in front of L, rock/replace weight back on L, step R beside L,

1,2,3 Basic waltz forward - step L forward, step R beside L, step L beside R,

4,5,6 Step R back to R45, drag L up to R, touch L beside R,

1,2,3L twinkle/cross over - step L over R, step R beside L, step L beside R,

4,5,6 Step R over L, step L to L side, step R behind L,

1,2,3 Large step L to L side, drag R up to L, touch R beside L,

4,5,6 Turning 90 degrees R - waltz forward - stepping R, L, R. (3:00 wall)

Repeat Dance In New Direction

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