

# SAME OLD NEW YOU

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Michael O'Shea

**Music:** Same Old Brand New You by A1

## MODIFIED MONTEREY TURN, STEP, SIDE ROCK & TOGETHER

- 1-2** Point right foot to right side, turning  $\frac{1}{2}$  turn right close right to left
- 3&4-5** Point left to left side, close left to right, rock right to right, step left  $\frac{1}{4}$  turn left
- 6** Step forward right
- 7&8** Rock left to left side, replace weight onto right, close left next to right

## & ROCK, TOUCH, KICK BALL STEP, BOUNCE $\frac{3}{4}$ TURN RIGHT, SIDE ROCK & TOGETHER

- &9-10** Rock right to right side, replace weight to left, touch right next to left
- 11&12** Kick right forward, step back onto right, step forward left
- 13&14** Heel bounce  $\frac{3}{4}$  turn right
- 15&16** Rock left to left side, replace weight onto right, close left to right

**You should be facing the home wall**

## STEP, TOE TAPS TWICE, & HEEL & STEP $\frac{1}{2}$ TURN, STEP FORWARD

- 17&18** Step forward right, tap left toe behind right heel twice
- 19&20** Step forward left, tap right toe behind left heel twice
- &21&22** Step back onto right, touch left heel forward, close left to right, step forward right, (heel jack)
- 23-24** Turn  $\frac{1}{2}$  turn left, step forward onto right foot

## STEP SLIDE TWICE, CROSS SIDE STEP, CROSS SIDE STEP, CROSS

- 25-26** Step left diagonally forward, slide right to left
- 27-28** Step right diagonally forward, slide left to right, (weight remains on right)
- 29&30** Cross left over right, step right to right, step left to left
- &31&32** Cross right over left, step left to left, step right to right, cross left over right

## RIGHT LOCK STEP, OUT, IN, OUT, LEFT LOCK STEP, OUT, TURN OUT

- 33&34** Step back right, lock step left over right, step back right

- 35&36 Touch left toe out, in, out
- 37&38 Step back left, lock step right over left, step back left
- 39&40 Touch right toe out, touch right toe in turning  $\frac{1}{4}$  turn right, touch right toe out

### **COASTER STEP, STEP FORWARD, ROCK FORWARD & BACK & FORWARD, SHUFFLE LEFT**

- 41&42 Step back on right, close left to right, step forward right
- 43 Step forward left
- 44&45&46 Rock right foot forward & back & forward, (rocking chair)
- 47&48 Shuffle forward left

### **CROSS HEEL, SIDE HEEL, BEHIND, SIDE, CROSS, SIDE HEEL TWICE, $\frac{1}{4}$ TURN COASTER STEP**

- 49-50 Cross right heel over left leg, flick right heel to right side

#### **Heels don't touch the ground**

- 51&52 Step right behind left, step left to left side, cross right over left
- 53-54 Flick left heel to left side twice, (heels don't touch the ground)
- 55&56 Step back left, close right to left, step forward left turning  $\frac{1}{4}$  turn left

### **$\frac{1}{4}$ TURN, STEP, STEP, KICK CROSS UNWIND, STEP, DRAG**

- 57-58 Step forward right, turn  $\frac{1}{4}$  turn left
- 59-60 Walk forward right, left
- 61-62 Kick right out to right side, cross right over left turning  $\frac{1}{2}$  turn left
- 63-64 Step left out to left side, drag right to left

### **REPEAT**

### **TAG**

**On the second wall, dance the first 48 counts only. Then start the dance from the beginning**