

You're Mama Don't Dance

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Count: 48

Wall: 1

Level: Beginner / Intermediate

Choreographer: Patrick Latendresse

Music: You're Mama Don't Dance by Poison

Start dancing with the vocal

KICK X2, COASTER STEP, KICK X2, COASTER STEP

- 1-2 Kick right forward across left, kick right to side
- 3&4 Step right backward, step left together (&), step right forward
- 5-6 Kick left forward across right, kick left to side
- 7&8 Step left backward, step right together (&), step left forward

Repeat that part one more time

CROSS ROCK L, SIDE SHUFFLE R, CROSS ROCK R, SIDE SHUFFLE L

- 1-2 Cross right over left, recover weight on left
- 3&4 Step right to side, slide left together (&), step right to side
- 5-6 Cross left over right, recover weight on right
- 7&8 Step left to side, slide right together (&), step left to side

Repeat that part one more time

CROSS ROCK L, SIDE SHUFFLE R, SHUFFLE WITH ½ TURN R, CROSS ROCK

- 1-2 Cross right over left, recover weight on left
- 3&4 Step right to side, slide left together (&), step right to side
- 5&6 Start turning ½ turn right while step left to side, slide right together (&), step left to side (facing backward)
- 7-8 Cross right behind left, recover weight on left

Repeat that part one more time to be facing back the original wall

TAG: 48 counts:-

When the dance is been danced 4 times the music rhythm will change.

STEP, KICK, STEP KICK, COASTER STEP, TOUCH L

- 1-2 Side step right, kick left across right
- 3-4 Side step left, kick right across left
- 5-6-7 Step right backward, step left together, step right forward
- 8 Touch left beside right

STEP, KICK, STEP, KICK, COASTER STEP, TOUCH R

- 1-2 Side step left, kick right across left
- 3-4 Side step right, kick left across right
- 5-6-7 Step left backward, step right together, step left forward
- 8 Touch right beside left

STEP, KICK, STEP KICK, COASTER STEP, TOUCH L

- 1-2 Side step right, kick left across right
- 3-4 Side step left, kick right across left
- 5-6-7 Step right backward, step left together, step right forward
- 8 Touch left beside right

STEP, KICK, STEP, KICK, STEP TOGETHER, PAUSE X3

- 1-2 Side step left, kick right across left
- 3-4 Side step right, kick left across right
- 5-6 Step left together, pause
- 7-8 Pause, pause

TRIPLE SWING BASIC STEPS

- 1&2 Step right lightly to side, step left together (&), step right lightly to side
- 3&4 Step left lightly to side, step right together (&), step left lightly to side
- 5-6 Cross right behind left, recover weight on right

Repeat that part one more time

Restart the dance