

# The Elizabethan

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**Count:** 36                      **Wall:** 4                      **Level:** Advanced Beginner

**Choreographer:** William Sevone , May 2nd 2009

**Music:** "Elizabethan Reggae" (74 bpm) by Boris Gardiner (many compilations)

**Dance sequence:- 36-44-36-44-36-44-36-44-36-20**

**Choreographers note:- The dance has an alternate 36-44 count throughout and with the music being typical 4/4 Ska rhythm, the 'dance' is deceptively fast.**

**Because of the tags, even though repetitive, this dance is aimed at the experienced dancer who has just moved into the Advanced Beginner level.**

**Be fluid with your styling - and read the notes.**

**Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.**

**Dance starts after the initial 16 count intro with weight on the left.**

**4x Short Fwd-Hold (12:00)**

- 1 - 2            Short step forward onto right. Hold.
- 3 - 4            Short step forward onto left. Hold
- 5 - 6            Short step forward onto right. Hold.
- 7 - 8            Short step forward onto left. Hold

**Dance note: Knees slightly bent. Forearms raised (LRLR) and motioned like a runner.**

**Styling: wiggle hips as you step forward.**

**4x Short Bwd-Hold (12:00)**

- 9 - 10          Short step backward onto right. Hold.
- 11 - 12        Short step backward onto left. Hold
- 13 - 14        Short step backward onto right. Hold.
- 15 - 16        Short step backward onto left. Hold

**Dance note: Knees slightly bent. Forearms raised (LRLR) and motioned like a runner.**

**Styling: wiggle hips as you step forward.**

## **Dance Finish - optional (see foot of script)**

### **4x Dip-Diagonal Kick (12:00)**

- 17 - 18** Step backward onto right. Kick left diagonally left.  
**19 - 20** Step left next to right. Kick right diagonally right.  
**21 - 22** Step right next to left. Kick left diagonally left.  
**23 - 24** Step left next to right. Kick right diagonally right.

**Dance note: Steps: bend knees. Kicks: straighten up.**

**Forearms raised (with steps: LRLR - with kicks: RLRL) and motioned like a runner.**

### **2x Grapevine with Diagonal Kick (12:00)**

- 25 - 26** Step right behind left. Step left to left side.  
**27 - 28** Cross right over left. Kick left diagonally left.  
**29 - 30** Step left behind right. Step right to right side.  
**31 - 32** Cross left over right. Kick right diagonally right.

### **3/4 Rock Step Turn (9:00)**

- 33 - 34** Turn  $\frac{1}{4}$  right & rock step right to right side (3). Recover onto left.  
**35 - 36** Turn  $\frac{1}{4}$  right & rock step right to right side (6). Turn  $\frac{1}{4}$  right & recover onto left (9).

**TAG: The 8 count tag occurs at the end of EVERY second wall (facing 6 and 12 O'clock).**

- 1 - 4** Recover onto right. Cross left over right. Step backward onto right. Step left to left side.  
**5 - 8** Cross right over left. Step backward onto left. Step right to right side. Step forward onto left.

**DANCE FINISH: At the end of wall 9 (facing 9 O'clock) complete the first two sections then:**

- 1 - 4** Turn  $\frac{1}{4}$  right & rock step right to right side. Recover onto left.  
**3 - 4** Rock step right to right side. Short step forward onto left.

**Dance note: Count 4: Knees slightly bent - right forearm forward motioned like a runner.**