

# We Only Live Once

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Linda Burgess - Sydney- Australia - June 2014

**Music:** Shannon Noll - We Only Live Once- [single- iTunes (3.52mins)]

**Intro: When the lyrics start... count 1-32... then start on Lyrics "Sky" - Dance turns anti-clockwise**

**[1-8] SIDE/ROCK, REPLACE, CROSS, BALL, JACK, BALL, CROSS, BALL, JACK, BALL, CROSS, ¼ BACK, ½ FWD**

**1&2&3&4** Rock/step R to R, replace weight to L, cross/step R over L, step L to L, touch R heel to R45deg, step R slightly back, cross/step L over R

**&5&6,7,8** Step R to R, touch L heel to L45deg, step L slightly back, cross/step R over L, ¼ turn R & step back L, ½ turn R & step fwd R

**[9-16] PIVOT ½ , SHUFFLE FWD, BOX STEPS BACK DIAGONALLY**

**1,2,3&4** Step fwd L, pivot ½ turn R, shuffle fwd L,R,L

**5&6,7&8** Cross/step R over L, step L back to slight L diagonal, step back to slight R diagonal, cross/step L over R, step R back to slight R diagonal, step L back to slight L diagonal

**[17-24] (Body facing centre) CROSS, SIDE, BEHIND, ¼ L, STEP, PIVOT ¼ R, TOGETHER, ROCK/SIDE, REPLACE, TOGETHER, ROCK/SIDE, REPLACE, TOGETHER**

**1&2&3,4** Cross/step R over L, step L to L, cross/step R behind L, turn ¼ L & step fwd L, step fwd R, pivot ¼ turn L (weight to L)

**&5,6&7,8&** Step R beside L, rock/step L to L, replace weight to R, step L beside R, rock/step R to R, replace weight to L, step R beside L

**[25-32] ¼ , ½ , ½ SHUFFLE FWD , ROCKING CHAIR, STEP, PIVOT ¾ L**

**1,2,3&4** Turn ¼ L & step fwd L, turn ½ L & step back R, turn ½ L & shuffle fwd L,R,L

**5&6&7,8** Rock/step fwd R, replace weight to L, rock/step back R, replace weight to L, step fwd R, pivot ¾ turn L. (weight to L).

**Begin again!**

**Contact Linda Burgess - Onelnr@bigpond.net.au - www.onelinerbootscooters.com - 0419285389**

