

# REALLY BAD HABITS

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**Count:** 34

**Wall:** 4

**Level:** intermediate

**Choreographer:** Ian Dunn

**Music:** Copenhagen by Chris LeDoux

## RIGHT CROSS, RETURN, RIGHT, SCUFF, LEFT CROSS, RETURN, LEFT SCUFF, SHUFFLE FORWARD, FULL TURN

- 1&2&** Cross/step right over left, weight back on left, step right beside left, scuff left beside right (12:00)
- 3&4&** Cross/step left over right, weight back on right, step left beside right, scuff right beside left
- 5&6** Shuffle forward right-left-right
- 7&8** Stepping forward on left full turn turn left (left-right-left) moving forward

## KICK, KICK, STEP, TAP, HEEL LEFT-RIGHT-LEFT, ROCK FORWARD, BACK SHUFFLE

- 1&** Kick right foot forward 45 degrees left, kick right foot forward 45 degrees right
- 2&** Step right foot slightly forward, tap left toe back behind right foot
- 3** Stepping back left place right heel at 45 degrees right forward
- &** Stepping back right place left heel at 45 degrees left forward
- 4** Stepping back left place right heel at 45 degrees right forward
- 5-6** Rock back on right, forward on left
- 7&8** Shuffle forward right-left-right (prepare left for the cross start swing forward)

## CROSS, SIDE, BEHIND, SIDE, HEEL GRIND, HEEL GRIND, CROSS UNWIND, SIDE SHUFFLE

- 1&2&** Cross left over right, step right to right side, cross left behind right, step right to right side
- 3&4&** Cross left over right on left heel, step right to right side, cross left over right on left heel, step right to right side
- 5-6** Cross left over right unwind full turn right
- 7&8** Side shuffle left-right-left

## SAILOR SHUFFLE, SHUFFLE FORWARD, HOOK, BACK, COASTER STEP TOUCH

- 1&2** Step right behind left, step left to left side, step right forward
- 3&4** Shuffle forward left-right-left

5-6 Step right forward, hook left foot behind right leg

7&8& Step back on left foot, step back on right foot, step left forward, touch right beside left

### **SPLIT, TAP, SCUFF**

1 Step back on right foot turning  $\frac{1}{4}$  turn left place left heel forward

2& Replace weight on left foot, tap right toe beside left foot, scuff right foot across left foot

### **REPEAT**

**The dance is phrased to the verses, each verse is 34 counts. Last wall (wall 7) is danced facing 6:00. On that wall, an extra 4 beats are added to finish the dance to the front wall. After the last two beats completing a  $\frac{1}{4}$  pivot turn (split, tap, scuff), you are now facing 3:00. Dance the following to finish the dance:**

1&2 Shuffle forward right-left-right, step left forward pivot turn  $\frac{3}{4}$  turn right on the ball of left foot

4 Stomp right forward with hands out to the sides bending left knee

**This dance was choreographed to the front wall with only one direction change to allow the beginners dance "bad habits" to be used on a split floor both dances move in the same direction at the same time to avoid confusion the song was too good to only allow one group to enjoy it.**