

# You Gotta Not

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**Count:** 64      **Wall:** 2      **Level:** Phrased Intermediate

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**Music:** Little Mix - You Gotta Not. (Cd: Glory Days (DeLuxe Edition 2016)).( iTunes & other mp3 sites)  
(approx 3:11 mins).

**Introduction: 8 counts, start on approx 05 sec.**

**Sequences: A, A, B, Tag, A, B, B 24, Restart (12 o`clock), A 16, Restart to (6 o`clock), B, B, Ending.**

**Pattern A: 32 counts**

**A I. 1-8 Side, Behind, Knee Lift R, Replace, Side, Behind, Knee Lift R, Out, Out, Heel & Heel &, Cross, Side.**

**1-2&** Step R to R, Step L behind R and lift R knee up, Step R back in place slightly to R.

**3&4** Step L behind R and lift R knee up, Step R out to R, Step out to L.

**5&6&** Swivel R heel in, Replace, Swivel L heel in, Replace putting weight onto L.

**7-8** Step R across L, Step L to L.

**A II. 9-16: Heel ball Step, Hold, Heel Bounces with  $\frac{1}{4}$  Turn R, Back Rock & Step, Step, Swiveling Heels with  $\frac{1}{2}$  turn R.**

**1&2** Touch R heel crossed over L forward, Step R back in place on ball, Step L to L forward (10.30)

**3&4** Hold making  $\frac{1}{4}$  turn R (3) while you bouncing both heels up and down taking weight onto L.

**5&6** Step R back, Recover back onto L, Step R forward.

**7&8** Step L forward, Making  $\frac{1}{2}$  turn R (9) swivel R heel in, swivel L heel out putting weight onto L

**(NB; 2nd Restart here in WALL 7 after 16 counts, but in above count 7&8 don` t turn a half R, but you make a quarter turn R to (12) with the heel swivels.**

**A III. 17-24: 2x Walks Back R, L, Coaster Step R, Flick Step L, Flick Step R, Fwd Rock / Recover, Sweep L.**

**1-2** Walk R back, Walk L back.

**3&4** Step R back, Step L beside R, Step R forward.

**5&6** Flick L heel up, Step L forward, Flick R heel up, Step R forward.

**7-8** Step L forward, Recover back onto R and sweep L from front to back.

**A IV. 25-32: Recover, Sweep R, Back, Sweep L, ¼ Turn L, Rock Steps in Place, Slide with Touch.**

**1-2** Recover back onto L and sweep R from front to back, Step R slightly back and sweep L from front to back.

**3-4** Point L backwards, Step on L to L making ¼ Turn L. (6:00)

**5&6R Recover, L Recover, R Recover**

**7-8** Step L to L and drag R toward L weight onto L, Touch R next to L.

**Pattern B: 32 counts**

**B I. 1-8: Weave L, Hitch, Behind, ¼ Turn R, Side, ¼ Turn R, Side, Weave L, Side, Touch Together, Point.**

**1&2** Step R slightly forward across L, Step L to L, Step R back and hitch L knee up.

**3&4** Step L behind R, Making ¼ turn R and step R to R, Making ¼ turn R and step L to L.

**5&6** Step R behind L, Step L to L, Step R across L.

**7-8&** Step L to L, Touch R beside L, Point R out to R.

**B II. 9-16: Weave L, Hitch, Behind, ¼ Turn R, Side, ¼ Turn R, Side, Weave L, Side, Touch Together, Point.**

**1&2** Step R slightly forward across L, Step L to L, Step R back and hitch L knee up.

**3&4** Step L behind R, Making ¼ turn R and step R to R, Making ¼ turn R and step L to L.

**5&6** Step R behind L, Step L to L, Step R across L.

**7-8&** Step L to L, Touch R beside L, Point R out to R.

**B III. 17-24: Samba Step Across, Samba Step Across with ½ Turn L, Syncopated Mambo Steps R, L.**

**1&2** Cross R over L, Step L to L, Step R slightly diagonally forward.

**3&4** Step L across R, Making ¼ turn L and step R back, Making ¼ turn L and step L to L.

**5&6** Step R across forward L, Recover back onto L, Step R to R.

**7&8** Step L across forward R, Recover back onto R, Step L to L.

**(NB; Restart here in WALL 6 after 24 counts, after start again (12 o`clock)).**

**B IV. 25-32: Samba Step Across, Samba Step Across with ½ Turn L, Syncopated Mambo Steps R, L.**

- 1&2** Cross R over L, Step L to L, Step R slightly diagonally forward.
- 3&4** Step L across R, Making ¼ turn L and step R back, Making ¼ turn L and step L to L.
- 5&6** Step R across forward L, Recover back onto L, Step R to R.
- 7&8** Step L across forward R, Recover back onto R, Step L to L.

**(NB; Tag here in WALL 3 after 32 counts, after start again (12 o`clock)).**

**TAG:**

- 1-2** Step R back in place bump R hip R, Hold
- 3&4** Recover onto L and bump L hip to L, Recover onto R and bump R hip to R, Recover onto L and bump L hip to L.

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