

SALSA FOR ONE

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Count: 80 **Wall:** 2 **Level:** intermediate

Choreographer: Sho Botham

Music: Livin' La Vida Loca by Ricky Martin

SIDE STEPS AND SALSA BACK BASICS

- 1-2-3-4** Step right to right, close left to right
- 5-6-7** Step right to right, close left to right, step right to right
- 8** Low flick kick left forward or easy option - hold position
- 9-12** Salsa back basic stepping back left, step right in place, step left beside right, low flick kick forward right or easy option - hold instead of dancing the kick on count 12
- 13-16** Reverse counts 9-12 starting right
- 17-32** Reverse counts 1-16 starting left

SIDE TOUCHES WITH ARM RAISING AND LOWERING, SLOW STEPS BACK WITH SUBTLE SHOULDER SHIMMEYS

- 33-34** Touch right to right raising right arm high, step forward right in front of left lowering right arm
- 35-36** Touch left to left raising left arm high, step forward left in front of right lowering left arm
- 37-38** Repeat counts 33 and 34
- 39-40** Repeat counts 35 and 36
- 41-48** Four slow steps back right-left-right-left with subtle shoulder shimmies

FORWARD STEP SLIDES TRAVELING IN SEMI CIRCLE TO RIGHT, TWO SALSA SIDE BASICS MAKING ONE COMPLETE TURN TO RIGHT

- 49-56** Four forward step slides leading with right traveling in semi circle to right to face opposite wall
- 57-60** Side basic stepping right to right, step left in place, step right to left making half turn to right
- 61-64** Side basic stepping left to left, step right in place, step left to right making half turn to right

SALSA CROSSING BASICS

- 65-80** Four salsa crossing basics starting right-left-right-left

REPEAT

SALSA CROSS BASIC STARTING RIGHT (DONE 4 TIMES IN COUNTS 65-80)

- 1 Step right to right
- 2 Step left across front of right
- 3 Step right to right
- 4 Low kick left to left diagonal (or easy option: hold instead of dancing the kick)

The first three counts are similar to a grapevine but crossing in front instead of behind.