

# Spirit In The Sky

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Wil Bos - October 2017

**Music:** "Spirit In The Sky" by Gareth Gates (album: Go Your Own Way) 124 bpm

## **Intro: 32 counts**

**Couple of months ago i have to do a workshop with one of my first dances for me was that "Spirit In The Sky".**

**It's a Re-Release I edit a restart what makes the dance better**

**Walk Fwd x2, Heel Switches, Toe Switches, Point, Unwind ¼ R**

**1-2RF step forward, LF step forward**

**3&4&RF dig heel forward, RF together, LF dig heel forward, LF together**

**5&6&RF point side, RF together, LF point side, LF together**

**7-8RF point side, LF ¼ turn right on ball foot**

## **Coaster, Shuffle Fwd, Rock Fwd Recover, Ball Rock Fwd Recover**

**1&2RF step back, LF together, RF step forward**

**3&4LF step forward, RF step beside, LF step forward**

**5-6&RF rock forward, LF recover, RF step beside on ball foot**

**7-8LF rock forward, RF recover**

## **Shuffle ½ L, Rock Side Recover, Behind Side Cross, Rock Side Recover**

**1&2LF ¼ left step side, RF step beside, LF ¼ left step forward**

**3-4RF rock side, LF recover**

**5&6RF cross behind, LF step side, RF cross over**

**7-8LF rock side, RF recover**

**Sailor  $\frac{1}{4}$  L, Shuffle Fwd, Pivot  $\frac{1}{2}$  R, Pivot  $\frac{1}{4}$  R**

**1&2LF  $\frac{1}{4}$  left cross behind, RF step beside, LF step slightly forward**

**3&4RF step forward, LF step beside, RF step forward**

**5-6LF step forward, L+R  $\frac{1}{2}$  turn right**

**7-8LF step forward, L+R  $\frac{1}{4}$  turn right**

**Start again**

**Tag+Restart**

**Dance the 4th wall up to and including count 16 (count 8 of the 2nd section), add**

**&LF step beside on ball foot**

**and start again**