

SEXUAL HEALING

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Raymond Sarlemijn & Roy Verdonk

Music: Sexual Healing by Marvin Gaye And Shaggy

STEP OUT, POINT, STEP OUT POINT, STEP IN PLACE, KICK ¼ TURN (MAKE THESE STEPS FUNKY)

- 1 Step left foot to the side
- 2 Point right toe crosswise over left foot
- 3 Step right foot to right side
- 4 Point left toe crosswise over right foot
- 5 Step back on left foot
- 6 Kick right foot to left side forward(21:00)
- 7 Kick right foot to right side backwards(15:00)
- 8 Turn ¼ right pull right foot next to left foot

WALK, WALK, SHUFFLE, SWIVEL, ¼ TURN LEFT SWIVEL(MAKE THESE STEPS SMOOTH)

- 1 Walk left foot forward
- 2 Walk right foot forward
- 3&4 Shuffle left, right, left forward
- 5 Swivel right foot

6¼ turn left swivel left foot

- 7&8 Swivel right foot twice

SWIVELS, HOLD WITH MOTION(MAKE THESE STEPS SMOOTH)

- 1 Swivel left foot
- 2 Swivel right foot
- 3&4 Swivel left foot twice
- 5&6&7&8 Weight on left foot hanging backwards en swivel right foot(all in place)

KICKBALL CROSS(FUNKY),OUT IN OUT(FUNKY), ¼ LEFT, STEP IN PLACE

- 1 Kick right foot forward

- &** Step back on right foot
- 2** Cross left foot over right
- 3** Jump out on both feet (while doing this, bend your knees to the outside)
- &** Jump out on both feet (while doing this, bend your knees to the inside)
- 4** Out on both feet (while doing this, bend your knees to the outside)
- 5** Step right foot $\frac{1}{4}$ turn left
- &** Weight on right foot bend left foot(body roll make this one smooth)
- 6** Weight on right foot bend right leg
- 7** Push off on right foot, weight ends on left foot
- 8** Pull right foot next to left foot(hand movement like you pull yourself on a rope funky)

REPEAT