

Velma McKay Foxtrot

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Count: 32

Wall: 4

Level: Beginner Foxtrot

Choreographer: Karen Tripp , June 2010

Music: "Younger than Springtime" by Ross Mitchell, His Band & Singers, CD: The Best of the Dansan Years Vol. 3

Dedicated to our "Dancing Queen", Velma McKay, that she always be lovingly remembered when we dance the "Foxy".

Start: Start on lyrics (16-count wait), right foot free

PROGRESSIVE BOX (SQQ, SQQ)

1-4 Forward on right (S), step side on left (Q), close right to left (Q)

5-8 Forward on left (S), step side on right (Q), close left to right (Q)

ROCK FORWARD, RECOVER & TURN 1/2 RIGHT (SQQ), ROCK FORWARD, RECOVER & TURN 1/4 LEFT (SQQ)

9-12 Rock forward on right, hold, recover on left, turn ½ right and step forward on right

13-16 Rock forward on left, hold, recover on right, turn 1/4 left and step on left

FRONT WEAVE 4 (QQQQ), CROSS RECOVER SIDE CROSS (QQQQ)

17-20 Cross right in front of left, side on left, cross right behind, side on left

21-24 Cross right in front of left, recover on left, step side on right, cross left over right

SIDE CLOSE (QQ), SIDE CLOSE (QQ), SLOW SIDE DRAW, CLOSE

25-28 Step side on right, close left together, step side on right, close left together

29-32 Step side on right, and slowly draw left foot towards right over two beats, and step on the last beat

Choreographer: Karen Tripp, Cranbrook, BC, Canada

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